



Tampa Bay Chapter

P.O. Box 7034
Brandon, Florida
33508

www.bpusatampabay.com

MEETING INFORMATION

Regular Monthly SUNDAY Meeting

(held the second Sunday of the month)

Sundays, August 11 and September 8, 2013

6:30 PM

St. Joseph's Hospital

Medical Arts Building, Auditorium

3001 Martin Luther King Jr. Blvd., Tampa, FL

Call Debbie Nemitz at 813-501-9567

for directions or information.

Regular Monthly DAYTIME Meeting

Riverview/Gibson/Brandon areas

(held the second Friday each month)

Fridays, August 9 and September 13, 2013

10:00 a.m. to Noon

First United Methodist Church Office Bldg

120 N Knights Ave, Brandon, FL

Call Debbie Nemitz at 813-501-9567

for directions or information.

Regular Monthly NIGHTTIME Meeting

Riverview/Gibson/Brandon areas

(held the last Thursday each month)

Fridays, August 22 and September 26, 2013

10:00 a.m. to Noon

First United Methodist Church Office Bldg

120 N Knights Ave, Brandon, FL

Call Debbie Nemitz at 813-501-9567

for directions or information.

Regular Monthly PLANT CITY Meeting

(Normally held the first Wednesday of each month)

Wednesdays, August 7 and September 4, 2013

7:00 to 9:00 p.m.

South Florida Baptist Hospital

301 N. Alexander Street, Plant City, FL

in the Community Conference Room

Call Janice Falcon at 813-997-1709

for directions or information.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
August 2013						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
September 2013						

This Newsletter is brought to you
by the families of:

Keith Joseph Scragg
8/4/86 - 9/4/08

Matthew Gallagher
8/18/92 - 12/12/11

Caylee Marie Cepero
9/3/00 - 3/8/05

Chapter News

Angel of Hope Information

www.angelofhopetampabay.com

Located at:

*Riverside Park
201 Riverhills Drive,
Temple Terrace*

Mailing Address:

*P. O. Box 2573, Lutz, FL 33548
813.495.7539*



www.angelofhopetampabay.com/index.html

Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Debbie Nemitz (General Information

and Long Term Illness) (813) 501-9567

Sue Bowditch (Adult Child) (813) 390-9734

Theresa Farmer (Homicide) (813) 994-0707

Sandy Boehning (Grandparent) (813) 989-3255

Charles L'Homme (Accidental Death) (813) 335-7628

Barbara or Tommy Dietrich (Death of an Only Child) (813) 340-9120

Julie Woofter (Suicide) (813) 754-4848

Serena Graves (Sibling Contact) (813) 810-7169

Rita Zvada (Se Habla Espanol) (813) 961-1011

Crisis Center 211

Love Gifts

Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways.

Sponsor A Newsletter Page

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$55 or 1/2 page for \$30.00. This can include photograph(s) and your tribute to your child. If you need help you can send what you want included and Debbie will design the page for you. Your contribution helps to support the chapter.

To sponsor a newsletter page, contact Debbie Nemitz @ 813-907-1441 or at debbie.bpnews@gmail.com. She will give you the address to send the check to. Please note that sponsorship pages are due by the 20th of the month BEFORE the publication month. We will begin to do the newsletters every 2 months. Try to have anything for March or April to her by the middle of February.

Address Change

If you have an address change, the Postal Service will NOT forward! They return to us—FOR A FEE, SO **PLEASE** LET US KNOW IF YOU HAVE A NEW ADDRESS. **At this point**, we are not able to mail the newsletter unless special arrangements have been made, however we still need you to keep us informed of any e-mail address changes.

Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.

Little Did We Know

Little did we know that morning that God would call your name. In life we loved your dearly, in death we do the same. It broke our hearts to lose you, you did not go alone. For part of us went with you the day God called you home. You left us peaceful memories, your love is still our guide. And though we cannot see you, you are always on our side. Our family chain is broken and nothing seems the same. But as God calls us one by one, the chain will link again.

WE LOVE AND MISS YOU
SO VERY MUCH!

MOM, DAD, MATT AND MACKLIN



IN MEMORY OF KEITH JOSEPH SCRAGG 8-4-86 to 9-5-08

Still Missing You

They say there is a reason
say that time will heal
But neither time nor reason
Will change the way we feel.

For no one knows the heartache
that lies behind our smiles,
No one knows how many times
we have broken down and cried.

We want to tell you something
so there won't be any doubt,
You're so wonderful to think of
but so hard to be without.
We cannot bring the old days back,
when we were all together
The family chain is broken now,
but memories live forever.

Unknown

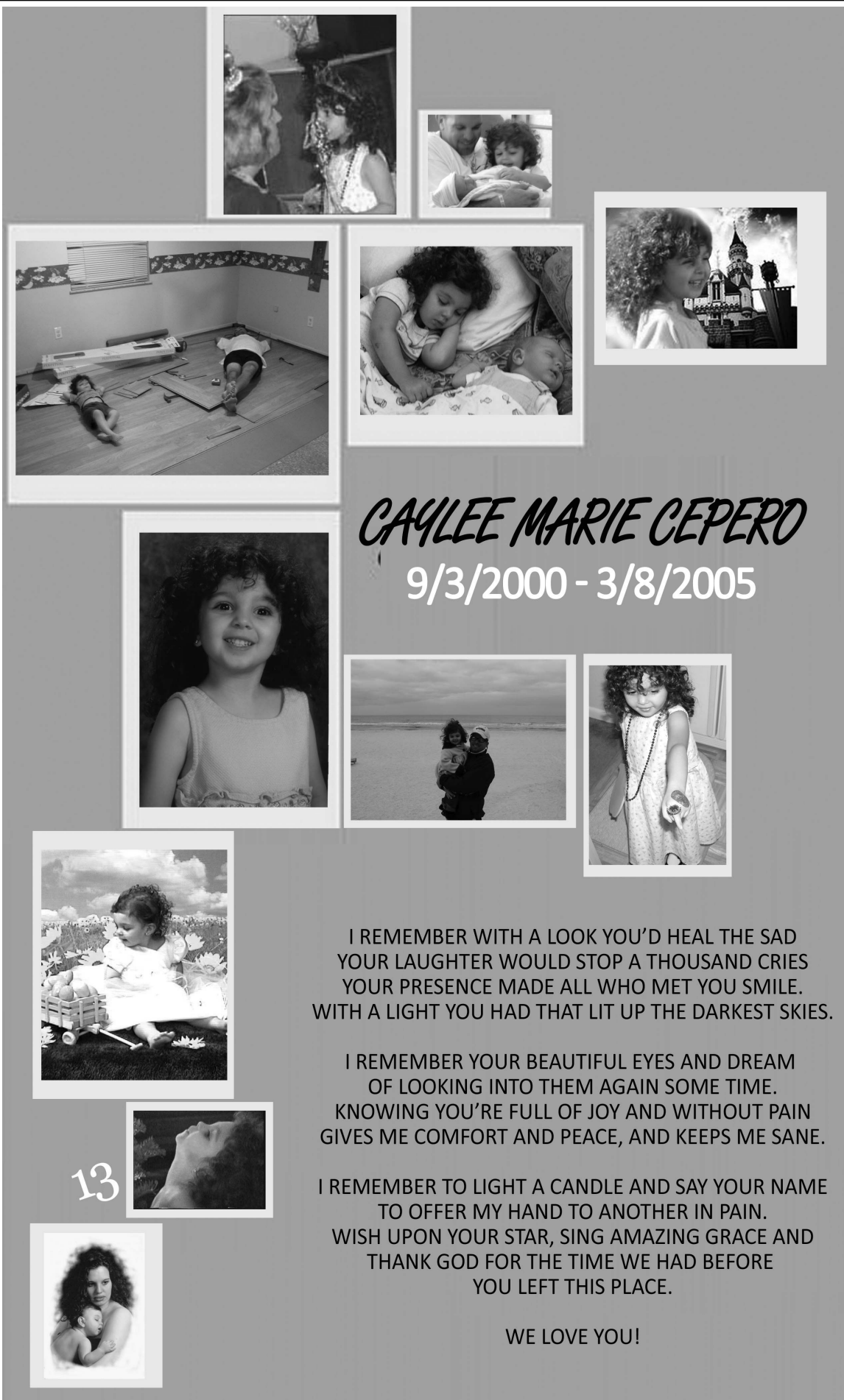


HAPPY 21st BIRTHDAY TO YOU, MATT



BALLOONS TO HEAVEN JUST FOR YOU
WE LOVE YOU AND MISS YOU EVERY DAY

ALL OUR LOVE,
Dad, Mom, Tim, Snickers, Emmy
and
All your relatives and friends



CAYLEE MARIE CEPERO
9/3/2000 - 3/8/2005

I REMEMBER WITH A LOOK YOU'D HEAL THE SAD
 YOUR LAUGHTER WOULD STOP A THOUSAND CRIES
 YOUR PRESENCE MADE ALL WHO MET YOU SMILE.
 WITH A LIGHT YOU HAD THAT LIT UP THE DARKEST SKIES.

I REMEMBER YOUR BEAUTIFUL EYES AND DREAM
 OF LOOKING INTO THEM AGAIN SOME TIME.
 KNOWING YOU'RE FULL OF JOY AND WITHOUT PAIN
 GIVES ME COMFORT AND PEACE, AND KEEPS ME SANE.

I REMEMBER TO LIGHT A CANDLE AND SAY YOUR NAME
 TO OFFER MY HAND TO ANOTHER IN PAIN.
 WISH UPON YOUR STAR, SING AMAZING GRACE AND
 THANK GOD FOR THE TIME WE HAD BEFORE
 YOU LEFT THIS PLACE.

WE LOVE YOU!

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Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

August Birthdays

Asci, Jason S.
8/19/1979 - 2/7/2008
F - Brian Asci
M - Phoebe Asci
Son - AJ
Daughter - Adrianna
GP - Forrest & Adella Asci

Antinora, Joseph A.
8/18/1967 - 12/9/2006
M - Susan Antinora
S - Tina Baxter
GP - Joseph Harnishfeger

Bishop, Krystal Lee
8/1/1988 - 12/24/2001
P - Pam & Rick Bishop
S - Angie Valente & Missy Bishop
B - Greg Bishop
GM - Marilyn Eddy

Daniel, Michael John
8/19/1990 - 4/1/2010
P - Paul & Nadine Daniel
B - James Daniel
GP - Lewis John Daniel & Steve & Margaret James

Darrigo, Anthony & Domenic
08/11/94 - 08/11/94
P - Sam & Vanessa Darrigo

Faber, Nicholas (Nicky) Paul
08/13/89 - 06/08/95
P - Paul & Kathy Faber
S - Danielle Faber
GP - Esther Kubler and Anna & Bobby Banks

Ferrera, Alex
8/11/1977 - 10/4/1997
P - Nelson & Guisela Ferrera
B - Paolo Ferrera
GM - Magda Alvarez
Aunt - Mirta Diaz
Uncle - John Ferrera

Ferrera, Crista J.
8/23/1975 - 03/11/1997
P - Nelson & Guisela Ferrera
B - Paolo Ferrera
GM - Magda Alvarez
Aunt - Mirta Diaz
Uncle - John Ferrera

Gallagher, Matthew
8/18/92 - 12/12/11
P - Kelly & Jim Gallagher
B-Tim

Gallian, John Charles
8/8/1963 - 3/21/1998
M - Virgian Gallian
S - Paige Mask

Gardner, Gary Dwain Jr.
8/25/1995 - 10/4/2000
P - Gary & Janelle Gardner
B - Jacob Gary Gardner
GP - Betty Thatcher, Marty Thomas

Goldman, Ariel Nicole Rothschild
8/30/1989 - 5/15/2001
P - Steve and Lynn Goldman

Graves, Matthew Regan
8/8/1979 - 8/31/2000
M - Linda Graves
S - Serena Graves
B - Dutch & Allen Jr.
GF - Wilson Harmison

Harrington, Zachary Michael
Evans
8/4/1992 - 8/7/1992
P - William & Barbara Evans-Harrington
GP - Wm. & Barbara Evans

Harrison, Leigh Ann
08/11/84 - 08/11/84
P - Trudy & Tim Harrison
GP - Bobbie & Jerry Meeks

Hoskins, Lauren Grace
8/18/2004 - 8/18/2004
M - Kim Hoskins

Howard, Steven T.
8/11/70 - 6/30/1999
M - Cay Pelaez

Marchetti, Katie
8/4/1989 - 3/4/2006
P - Vin & Laura Marchetti
B - Andrew Marchetti

May, Philip
8/1/1975 - 1/1/2000
P - Deryl & Jennifer May

Muse, Jennifer Lee
08/07/71 - 04/04/92
M - Gretchen Muse
F - Robert Muse, Jr.
GP - Bob & Gladys Muse
GM - Dorothy Deisch

Orsi, Kristen McCall
8/5/1980 - 6/27/2002
P - Kimberly & Leo Orsi
GP - Wm. & Jeanne Armiger and Stephanie & Rich Orashen

Parrish, Randy
08/22/57 - 02/10/97
M - Juanita Bodiford
B - Dough Parrish

Parrish, Scott Douglas
8/9/79 - 1/1/02
P - Doug Parrish and
P - Karla & Rick Brown
S - Sabbrina Lee Shannon
GP - Juanita Bodiford & Ada Smith

Parrish, Tyler Stephen
8/6/1991 - 10/24/1991
P - June & Terry Parrish

Peel, Lee Anna Campbell
8/5/1972 - 9/9/1992
M - Patricia Campbell
S - Beth Biggs
B - Eddy Biggs
GP - Estele & James Carleton

Rose, Kailyn Dyann
8/22/2000 - 3/4/2003
M - Evelyn E. Rose

Sampson, Charles Roy
8/29/1998 - 8/29/1998
P - Paul & Susan Sampson
GP - Margaret & Clayton Sampson
and Shirley & Charles Osborne

Scragg, Keith Joseph
8/4/1986 - 9/5/2008
P - Richard & Lori
Son - Macklin
B - Matthew
S/O - Emily Popke

Shearer, Shane
08/03/73 - 12/05/89
M - Linda Shearer
SF - Keith Gregory
S - January Shearer

Sluder, Kathryn Elizabeth
8/31/1966 - 3/16/2002
P - Tom & Judy Sluder
Son - Israel
S - Theresa
B - Tom III & Keith
N/N - Brandon & Brandy,
Keith II & Miranda

Steen, Michael Anthony
8/4/1956 - 6/20/2003
M - Nancy Holdren
B - Rick, David & Donald
Father to Jessica, Christine & Michelle
Married to Doreen

Thornton, Jeremiah
8/29/84 - 4/13/01
M - Tim & Sue Thornton
B - Jason
S - Amanda



August Anniversaries

Blanchard, Eric Anthony
2/19/1976 - 8/3/1998
P - Barbara & Wayne Blanchard
S - Lisa, Tammy, Dawn
B - Chris & Michael
Daughter - Samantha

Cash, Christopher
9/13/1977 - 8/23/2004
M - Rita & Thomas Zvada
F - Charles & Mika Cash
Child - Leah Cash
B - Charles Cash II
GP - Gustavo & Ida Arencibia

Darrigo, Anthony & Domenic
08/11/94 - 08/11/94
P - Sam & Vanessa Darrigo

Fernandez, Karen Irene
03/08/68 - 08/23/88
M - Violeta "Cookie" Fernandez
B - Rik Fernandez

Flynn, Philip
12/17/1977 - 8/8/2002
M - Roseanne Flynn

Gilliam, Hayden Charles
6/20/1999 - 8/4/2001
P - Sean & Marion Gilliam
Sibs - Sara & Cole
GP - Joe & Nancy Gilliam, and
Rosemarie Presbrey
GGP - Mary Gilliam & Lora Flowers

Graves, Matthew Regan
8/8/1979 - 8/31/2000
M - Linda Graves
S - Serena Graves
B - Dutch & Allen Jr.
GF - Wilson Harmison

Harrington, Zachary Michael Evans
8/4/1992 - 8/7/1992
P - William & Barbara Evans-Harrington
GP - Wm. & Barbara Evans

Harrison, Leigh Ann
08/11/84 - 08/11/84
P - Trudy & Tim Harrison
GP - Bobbie & Jerry Meeks

Holton, John William
05/20/52 - 08/10/94
M - Ann Holton

Hoskins, Lauren Grace
8/18/2004 - 8/18/2004
M - Kim Hoskins

Mohammed, Ian Roger
04/19/73 - 08/02/92
P - Judy & Rick Mohammed
S - Alison Mohammed
B - Cameron Mohammed

Roark, Kelli Colin
4/30/1990 - 8/30/1998
P - Joe & Angel Roark
B - Kyle & Kaleb Roark
GF - Ron Ellington

Sampson, Charles Roy
8/29/1998 - 8/29/1998
P - Paul & Susan Sampson
GP - Margaret & Clayton Sampson
and Shirley & Charles Osborne

Shye, John David
05/27/1964 - 08/07/1994
P - Betty Jean & Charles Shye
S - Lydia and Mary Shye
B - Chuck, Mary, Lydia Shye
Father of J.D. and Justin Shye

Slaven, Minnie Leona
7/10/1972 - 8/11/2000
M - Della LaGrone
P - Delbert & Catherine Slaven
S - Charlotte, Della, Betty, Lynn,
Amelia & Sue
B - Ronnie, Jack, Del, & Delbert Jr.

Varga, Jozsef
6/11/1988 - 8/4/2007
M - Carmen Varga
B - Kiel & Bruce Senra
GP - Dorothy & Gerald Senra

Welch, Kimberly Michelle
10/24/1971 - 8/28/2003
M - Nancy Welch
Child



September Birthdays

Arnold, Ryan
9/1/1988 - 11/28/2007
P - Ron & Marcia Arnold
B - Jason and Matt
GP - Charlie & Kathy Arnold, and
Allan & Florence Knopf

Brady, Mark A.
09/27/57 - 01/03/89
M - Margaret Brady
S - Margaret J. Bruner
B - Hayward L. "Bubba" Brady, Jr.
GP - Wallace & Josephine Bagley and
Wm. & Cinderalla Brady

Cash, Christopher
9/13/1977 - 8/23/2004
M - Rita & Thomas Zvada
F - Charles & Mika Cash
Child - Leah Cash
B - Charles Cash II
GP - Gustavo & Ida Arencibia

Castellano, Lina
9/15/1966 - 2/20/2004
P - Sam & Jean Castellano

Cepero, Caylee Marie
9/3/2000 - 3/8/2005
P - Dawn and Lee Cepero
B - Corbin
S - Kennedy
GP - Sandy Boehning

Daly, Cole
9/9/1983 - 12/17/2001
M - Katie Brock

Dechant, Matt
9/26/1984 - 4/14/2007
F - Tom Dechant

Donnarumma, Sophia Marie
9/1/2000 - 12/23/2004
P - Benjamin & Diane
S - Olivia
GM - Pat Donnarumma

Eddy, Steven
9/16/1960 - 7/9/2008
M - Marilyn Eddy
S - Pam Bishop & Tammy Eddy
B - Sonny
N - Angie Valente & Missy Bishop

Funk, Benjamin
9/9/1976 - 6/25/2001
P - Mr & Mrs Funk

Gould, Richard J.
9/26/1981 - 3/3/2001
M - Cindy Phelps-Wise
F - Ralph Gould
B - Ryan, Bryan & Mark
S - Karen

Gray, Jay
09/07/70 - 11/09/01
M - Dee Gray

Holland Jeffrey K. Moses
9/10/1986 - 7/7/2009
P - Thomas & Donna Holland and
Henry Moses
Sibs - Derrick & Logan
GP - Beverly Cash, Joan & Steve Holland

Christopher Shawn Kelley
09/07/1972 - 5/26/2012
M - Patricia L. Kelley
F - Harry J. Kelley
SM - Donna Kelley

Knight, Matthew A.
9/1/1982 - 12/28/2001
P - Ron & Sandy Knight
GM - Jack & Mary Griffin & Doris I.
Knight

Kushner, Jonathan
09/13/62 - 10/28/73
P - Lorraine & Gil Kushner
B - Andy & David

Lane, Jim
9/7/1966 - 1/2/2005
M - Carol Lane

Mart, Aaron Paul
09/24/96 - 09/11/99
P - Hank & Donna Mart
B - Daniel
GP - Betty & Trevor Harvey, Michael &
Iris Willsher, Gene & Mim

Morrill, Daniel
9/30/1972 - 9/8/2007
M - Amelia Lubrano

O'Berry, Michael Sean
09/13/94 - 12/15/97
P - Mike & Valerie O'Berry
B - Christopher O'Berry
GM - Linda Hoffman
A - Joyce Weil
U - Mike Kasrich

O'Neil, Clark Dean
9/1/1962 - 10/24/2004
P - Larry and Jeanne O'Neil
B - Kevin & wife Rene'
S - Kitty & husband Joseph;
Jennifer & husband Randy

Peel, Matthew Shane
9/9/92 - 9/9/92
A - Beth Biggs U- Eddy Biggs
GM - Patricia Campbell

Perrotti, Paul
9/5/1969 - 9/25/1995
F - Donald J. Perrotti

Will, Madison Kathleen "Madi"
9/2/1995 - 10/4/1995
P - Carl & Lisa Will
S - Megan & Rachel Will
B - Zachary & Seth Will

Williams, Travis Aaron
9/11/1979 - 4/19/2000
P - Bill & Linda Williams
GP - Loretta Ayers, Raymond Ayers
& Edna Williams





Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

September Anniversaries

Carter, Cassandra D. "Casie"
2/22/1982 - 9/28/1999
P - Ted & Gayle Carter
B - Justin Carter
GP - Luna Carter

Cooley, Malena Rose
3/23/1998 - 9/4/2000
P - Scott & Traci Cooley
B - Nolan
S - Madelyn & Olivia

Gereau, Ryan
5/20/1987 - 9/12/2008
M - Laurie Gereau

Gravette, Austin Lee
8/31/1993 - 9/26/2009
P - Randy & Pamela Gravette
S - Jessica Lynne Beauchamp
GP - Oscar & Penny Rodriguez

Harris, Eric Michael
2/4/1984 - 9/12/2003
P - Mike & Pam Harris
B - Mark
GM - Joan Matthews & Verna Harris

Henry, Sumara Raquel
07/12/88 - 09/18/93
P - Louis & Cindy Henry
GP - James & Ruby Reese & Bernice Henry

Horst, Trey
4/16/1974 - 9/8/2000
P - Art & Linda Horst
B - Todd & Thad
S - Trisha & Tammy

Kowall, Spec. Corey J.
2/1/1989 - 9/20/2009
M - Kelly Kowall
Sibs - Kyla & Kristen
GP - Marshall & Marty Schoeff

Kenefick, Aaron Michael
2/5/1979 - 9/8/2009
M - Susan Price
Sibs - Jacque & Jade
GM - Carol Price

Lowe, Anna
1/30/1994 - 9/30/2007
M-Beth Lowe

Mart, Aaron Paul
09/24/96 - 09/11/99
P - Hank & Donna Mart
B - Daniel
GP - Betty & Trevor Harvey, Michael &
Iris Willsher, Gene & Mim

McMillion, James Christopher
7/26/1984 - 9/26/2003
GP - Ralph & Martha Hamilton

Metallo, Armando
5/3/1984 - 9/15/2005
P - Angelo & Luisa Metallo
S - Ana, Angelo, Luisa, & Joe Metallo
GP - Armando & Ana Metallo and Graciela & Dorotheo Martinez

Mink-Miller, Deborha
3/26/1965 - 9/27/1991
M - Diane Mink
S - Renee Mink Crosby

Morrill, Daniel
9/30/1972 - 9/8/2007
M - Amelia Lubrano

Nichols, Melissa
11/9/1982 - 9/4/2002
M - Terrena Nichols
F - Shannon Nichols
S - Brandy Nichols
B - Shannon Nichols, Jr.

Peel, Lee Anna Campbell
8/5/1972 - 9/9/1992
M - Patricia Campbell
S - Beth Biggs
B - Eddy Biggs
GP - Estele & James Carleton

Peel, Matthew Shane
9/9/92 - 9/9/92
A - Beth Biggs U - Eddy Biggs
GM - Patricia Campbell

Perrotti, Paul
9/5/1969 - 9/25/1995
F - Donald J. Perrotti

Pippin, Shawn
10/16/1984 - 9/16/2002
M - Anita Pippin

Pispitos, Richard John
01/23/72 - 09/14/98

P - Catherine Webb & Philip Finkel-
S - Michelle Webb
GP - Anne & Owen Beglane

Rainey, Wendy Michelle Price
3/7/1968 - 9/27/2006
M - Shelia Farmer
B - Peter Price
S - Emily Furst

Roberts, J. Michael
5/31/1963 - 9/25/2002
M - Ann Roberts Mitchel
GP - Merle H. Brunson

Russell, Karron Michelle
1/20/1967 - 9/12/2000
P - Ben & Sue Bowditch and
Children - Brytani, Derak & Melody
Sisters - Catherine, Roben & Laurie
Bobby Jr. & Scott
GP - Cathren Dickerson and Jimmy & Kay Senseney

Schulman, Adam J.
6/7/1971 - 9/26/2004
M - Pat Schulman
Freddie Kelly Jr. and Kenny Schulman

Scragg, Keith Joseph
8/4/1986 - 9/5/2008
P - Richard & Lori
Son - Macklin
B - Matthew
S/O - Emily Popke

Smith, Clay Daniel
10/24/1967 - 9/30/1996
P - Francia & Chuck Smith
B - Jed & Kyle

Thornton, Teresa E.
01/12/66 - 09/24/81
P - Ken & Mirta Thornton
S - Lisa Buckner
B - Nick Thornton
GP - Tony & Berneda Pino

Remembrance



**Remembrance is a golden chain
Death tries to break, but all in vain.
To have, to love, and then to part
Is the greatest sorrow of one's heart.
The years may wipe out many things
But some they wipe out never.
Like memories of those happy times
When we were all together.
Author Unknown**



*You must contact us to have your child's name added to the newsletter,
they are not automatically added.*

If we have omitted your child, misspelled your child's name, or listed incorrect dates or other information, please accept our apologies and contact Debbie Nemitz at debbie.bpnews@gmail.com or 813-907-1441 to correct the information.

Please bear with us as we are transitioning the newsletter. Any errors are unintentional and we sincerely apologize in advance. Call any of our telephone friends if you are having a hard time on these days or even other days if you need to talk.

We truly understand your pain; for we, too, remember our own children.

Listen to ***"Hope, Healing & Help"*** every Saturday from 11:00 til noon Pacific Time on KFIA 710AM Sacramento or www.kfia.com. Can't listen in at that time? All of their programs are available to listen to on their website, www.hopehealinghelp.com.

This is an early reminder that we will be holding our annual Candlelighting Ceremony on Sunday, December 8, 2013 at St Josephs Medical Arts Building. More details will be provided in our next newsletter.

IMPORTANT ANNOUNCEMENT

We have added a forth meeting. It is a nightly Brandon meeting which is being held on the forth Thursday of the month **from 6:30-8:30**. The meeting is being held in the same location as the daytime one.

**First United Methodist Church Office Bldg
120 N Knights Ave
Brandon, FL 33510
(Across the street from the church in the office
bldg.
north of 60 just west of Parsons)**

*You must contact us to have your child's name added to the newsletter,
they are not automatically added.*

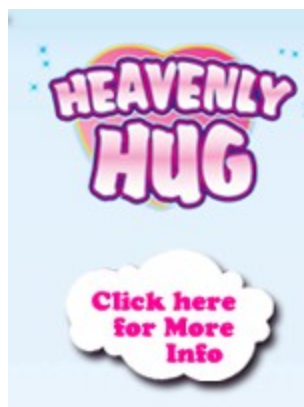
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We truly understand your pain; for we, too, remember our own children.

We have added a new page to our website. It will be for ongoing fund raisers. There are already a couple of companies who have an ad and will be making a donation to Bereaved Parents when their items are purchased. If any of you have businesses and would like to participate, please get in touch with Debbie by calling 813-501-9567 or emailing debbie.bpnews@gmail.com.

Please check out the first two companies (on the right) who are participating. There is more information on our site.



Deb's Soy Candles, Cards and More

<http://www.bpusatampabay.com/Fundraisers.html>

The Mourner's Bill of Rights Written by Pamela

- ◆ **You have the right to experience your own unique grief.** No one else will grieve in exactly the same way as you do. Don't allow others to tell you what you should or should not be feeling.
- ◆ **You have the right to talk about your grief.** Talking about your grief will help you heal. Seek out others who will allow you to talk as much as you want, as often as you want, about your grief.
- ◆ **You have the right to feel a multitude of emotions.** Confusion, disorientation, fear, guilt, and relief are just a few of the emotions you might feel as part of your grief journey. Know that there is no such thing as a "wrong" emotion. Accept all your feelings and find listeners who will do the same.
- ◆ **You have a right to be tolerant of your physical and emotional limits.** Your feelings of loss and sadness will probably leave you feeling fatigued. Respect what your body and mind are telling you. Get daily rest. Eat balanced meals. Don't allow others to push you to what you don't feel ready for.
- ◆ **You have the right to experience grief attacks.** Sometimes, out of nowhere, a powerful surge of grief may over come you. This can be frightening, but is normal and natural. Find some one who understands and will let you talk it out.
- ◆ **You have the right to make use of ritual.** The funeral ritual provides you with the support of caring people. More important, it supportively sees you off on your painful but necessary grief journey. Later rituals, such as lighting a candle for the person who died, can also be healing. If others tell you rituals such as these are silly or unnecessary, don't listen.
- ◆ **You have the right to embrace your spirituality.** If faith is a part of your life, express it in ways that seem appropriate to you. Allow yourself to be around people who understand and support your religious beliefs. If you feel angry at God, find someone to talk with who won't be critical of your feelings of hurt and abandonment.
- ◆ **You have the right to search for meaning.** You may find yourself asking, "Why did he or she die? Why now?" Some of your questions may have answers, your questions may have answers, but some may not. And watch out for the clichéd responses some people may give you. Comments like "It was God's will" or "Think what you have to be thankful for" are not helpful and you do not have to accept them.
- ◆ **You have a right to treasure your memories.** Memories are one of the best legacies that exist after the death of someone loved. You will always remember. Instead of ignoring memories, think of creative ways to embrace them.
- ◆ **You have the right to move toward your grief and heal.** Reconciling your grief will not happen quickly. Remember, grief is a process, not an event. Be patient and tolerant with yourself and avoid people who are impatient and tolerant with you. Neither you nor those around you must forget that the death of someone loved changes your life forever.

Many of you have already been getting this newsletter delivered to your e-mail address. We began offering it several years ago as our way of "going green". However, at this point, we are asking that EVERYONE who has access to a computer provide us with their email address or go to our website online at <http://www.bpusatampabay.com/Newsletters.html>.

It is very costly to have these printed and mailed. We are unable to continue to print, at least for the time being. We have to get caught up on some bills before we can hope to print again. If you do not have access to a computer, then please contact us and we will try to get you a copy for a small donation.. We appreciate your understanding our situation. Please share this information with anyone who may say they haven't received the newsletters anymore. Send all information to Debbie Nemitz by e-mail at debbie.bpnews@gmail.com.

I AM SO TIRED...

I AM TIRED OF CRYING FOR MY CHILD...
 I AM TIRED OF BEING DEPRESSED...
 I AM TIRED OF LONGING FOR MY CHILD...
 I AM TIRED OF NOT BEING HAPPY...
 I AM TIRED OF TELLING PEOPLE THAT MY CHILD IS
 DEAD...
 I AM TIRED OF MY CHILD BEING DEAD...
 I AM TIRED OF NOT BEING ABLE TO REMEMBER WHAT
 JOY FEELS LIKE...
 I AM TIRED OF BEING ANGRY...
 I AM TIRED OF FEELING GUILTY...
 I AM TIRED OF NOT HEARING MY CHILD...
 I AM TIRED OF NOT BEING ABLE TO STROKE HER
 HAIR...
 I AM TIRED OF MISSING MY CHILD...
 I AM TIRED OF BEING TOLD IT IS A BLESSING TO HAVE
 AN ANGEL IN HEAVEN...
 I AM TIRED OF BEING MISUNDERSTOOD...
 I AM TIRED OF HAVING TO EXPLAIN MYSELF WHEN I
 AM DEPRESSED...
 I AM TIRED OF BEING DEPRESSED....
 I AM SO TIRED OF DEATH...
 I AM TIRED OF GRIEVING...
 I AM TIRED OF ASKING WHY...
 I AM TIRED OF GETTING NO ANSWER...
 I AM TIRED OF HAVING TO LEARN TO LIVE WITHOUT
 MY CHILD...
 I AM TIRED OF BEING INDIRECTLY TOLD TO "GET
 OVER IT...
 I AM TIRED OF BEING SURE THAT BEING TOLD DI-
 RECTLY WILL COME SOON ENOUGH...
 I AM TIRED OF RE-LIVING THE NIGHT OF MY CHILD'S
 DEATH OVER AND OVER, COMPLETE WITH TEARS AND
 EMOTIONAL UPHEAVAL.
 I AM SOOOO TIRED OF NOT BEING ABLE TO REMEM-
 BER EVERY MOMENT OF HER LIFE...I AM TIRED OF BE-
 ING TIRED.

Author Unknown

God's Lent Child

"I'll lend you for a little while
 A child of mine" God said -
 For you to love the while he lives
 and mourn for when he's dead.
 It may be six or seven years
 or forty two or three
 but will you, till I call him back,
 take care of him for me?
 He'll bring his charms to gladden you
 and, should his stay be brief,
 you'll have his nicest memories
 as solace for his grief.
 I cannot promise he will stay,
 since all from earth return
 but, there are lessons taught below,
 I want this child to learn.
 I've looked the whole world over,
 in my search for teachers true,
 and from the things that crowd life's lane
 I have chosen you.
 Now will you give him all your love,
 nor think the labour vain,
 nor hate me when I come to take
 this lent child back again?
 I fancied that I heard them say,
 "Dear Lord Thy Will Be Done"
 for all the joys thy child will bring
 the risk of grief we'll run.
 We'll shelter him with tenderness,
 we'll love him while we may,
 and for the happiness we've known
 forever grateful stay.
 But, should thy Angels call for him
 much sooner than we planned,
 we'll brave the grief that comes
 and try to understand.

Anonymous Author

LOVE GIFTS

We wish to thank Jim & Kelly Gallagher
 for making a donation in memory of their
 son in addition to sponsoring a page this
 month. Thanks so much for your generos-
 ity.

Matthew Gallagher
 8/18/92 - 12/12/11

Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA.
We Welcome You.

Free The Butterflies –

I'll be there
to see them soar upon the air.
Know my spirit is on the wing,
feel my laughter - hear me sing.
Forever in your dreams always in your
heart.

by Fran LeMasters

Address Correction Requested

POSTMASTER - Dated Material
October-November 2012
Please do not delay.

The Bereaved Parents of the USA
P.O. Box 7034
Brandon, FL 33508

