

# Tampa Bay Chapter

P.O. Box 3226
Tampa, Florida
33601-3226
www.bpusatampabay.com

This month's newsletter is lovingly sponsored by the families of:

Michael David Holmberg and Matthew Cory Gallagher

### **MEETING INFORMATION**

Special Candle Lighting SUNDAY Meeting

(held the second Sunday of the month)

Sunday, December 9, 2012

7:00 PM

St. Joseph's Hospital Medical Arts Building, Auditorium

3001 Martin Luther King Jr. Blvd. Call Debbie Nemitz at 813-907-1441 for directions or information.

### Regular Monthly <u>DAYTIME</u> Meeting

Riverview/Gibsonton/Brandon areas

(held the second Friday each month)

Friday, December 14, 2012 10:00 a.m. to Noon

The Greater Brandon Chamber of Commerce

330 Pauls Drive, Brandon, Florida 33511 Call Debbie Nemitz at 813-907-1441 for directions or information.

#### Regular Monthly PLANT CITY Meeting

(Normally held the first Wednesday of each month)

Wednesday, December 5, 2012 7:00 to 9:00 p.m.

#### South Florida Baptist Hospital

301 N. Alexander Street, Plant City in the Community Conference Room Call Janice Falcon at 813-997-1709 for directions or information.

### **Telephone Friends**

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

|  | Sun | Mon | Tue | Wed  | Thu | Fri      | Sat |
|--|-----|-----|-----|------|-----|----------|-----|
|  |     |     |     |      |     |          | 1   |
|  | 2   | 3   | 4   | 5    | 6   | <b>7</b> | 8   |
|  |     | 10  | 11  | 12   | 13  | 14       | 15  |
|  | 16  | 17  | 18  | 19   | 20  | 21       | 22  |
|  | 23  | 24  | 25  | 26   | 27  | 28       | 29  |
|  | 30  | 31  |     | Dece | mbe | r 20     | 12  |

# Wishing all of you a Happy Holiday Season.

Happy Chanukah,







Merry Christmas

and a



# **Chapter News**

### **Angel of Hope Information**

www.angelofhopetampabay.com

<u>Located at:</u>

Riverside Park

201 Riverhills Drive,

Temple Terrace

<u>Mailing Address:</u>
P. O. Box 2573, Lutz, FL 33548

813.495.7539



www.angelofhopetampabay.com/index.html

### **Telephone Friends**

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call. We understand and want to help you.

Debbie Nemitz (General Information

| •                                   |                |
|-------------------------------------|----------------|
| and Long Term Illness)              | (813) 907-1441 |
| Sue Bowditch (Adult Child)          | (813) 390-9734 |
| Theresa Farmer (Homicide)           | (813) 994-0707 |
| Sandy Boehning (Grandparent)        | (813) 989-3255 |
| Charles L'Homme (Accidental Death)  | (813) 335-7628 |
| Barbara or Tommy Dietrich (Death of | (813) 340-9120 |
| an Only Child)                      |                |
| Julie Woofter (Suicide)             | (813) 754-4848 |
| Serena Graves (Sibling Contact)     | (813) 810-7169 |
| Rita Zvada (Se Habla Espanol)       | (813) 961-1011 |
| Crisis Center                       | 211            |

#### IMPORTANT ANNOUNCEMENT

Linda Delk has stepped down from being the leader of the Tampa Chapters of Bereaved Parents. At the present time Debbie Nemitz and Lori Scragg are sharing the responsibilities of the leadership position. If anyone is interested in being a part of the steering committee, please get in touch with us. You may call Debbie @ (813) 907-1441 or e-mail debbie.bpnews@gmail.com or lscragg@verizon.net.



#### Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways, including the preparation and mailing of the newsletter.

#### **Sponsor A Newsletter Page**

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$55 or 1/2 page for \$30.00 . This includes one black and white scan of one photograph and your tribute to your child, which can include poems, stories or whatever you like. Your contribution supports the chapter and helps pay for the printing of the newsletter.

To sponsor a newsletter page, contact Debbie Nemitz @ 813-907-1441 or at debbie.bpnews@gmail.com. She will give you the address to send the check to. Please note that sponsorship pages are <u>due by the 15th of the month BEFORE the publication month.</u> We will begin to do the <u>newsletters every 2 months so both Jan & Feb will be due in December.</u> <u>Due to the lateness of the publication at this time, we will extend the time it is due until the 20th of December.</u>

#### **Address Change**

If you have an address change, the Postal Service will NOT forward! They return to us—FOR A FEE, SO  $\underline{\text{PLEASE}}$  LET US KNOW IF YOU HAVE A NEW ADDRESS.

#### Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.





# Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

## **December Birthdays**

Baker, Jennifer 12/13/1973 - 10/15/1995 P-Terry & Susan Baker

Barnes Hannah D. M. 12/28/94 - 12/28/94 P - Alfred & Sabrina Barnes

Flynn, Philip 12/17/1977-8/8/2002 M-Roseanne Flynn

Gonzalez, Miriam 12/10/1948 - 7/26/1995 P-Fernando & Paula Lespier S-Maria , Aida & George

Hidalgo, Christopher 12/14/1989 - 7/5/2004 M-Tammy Hidalgo

Horton, Ryan 12/21/1980 - 1/23/2005 M-Sue Horton

Libby, Josalin Katherine "Josie" 12/20/11 - 1/30/12 M- Katelin Abney F- Joseph Libby S - Sebrie Aronson Lingefelt, Fiona 12/20/1989 - 10/15/2000 P - Karen & Douglas Lingefelt B-Alexander & Andrew

Lovett, Sandra Sandy 12/3/1968 - 10/4/1997 M - Barbara Bryant

Martin, Amanda Louise 12/31/1971-6/19/2008 M– Toni Martin

Montagano, Anthony J. "Tony" 12/02/91 - 01/02/01 P-Luli and Jim Montagano S-Alessandra Montagano GP-Henry and Eloisa Valenzuela

Murphy, Mark Lawrence 12/22/1968 - 2/21/2000 M - Rosalie Baum B - John Murphy

Nemitz, Robyn Michelle 12/28/82 - 06/16/98 P - Debbie & Bill Nemitz B - John Nemitz GP - Laura Nemitz Patet, Nathan Gabriel 12/18/88 - 06/10/90 P - Maritza & Jeff Patet S - Mallory Patet & Gina Patet GP-Gus & Lourdes Arenas and Don and the late Betty Patet

Pitts, Joseph David 12/8/1971 - 7/16/1998 P - Ruth & Richard Pitts

Robertson, Kristi Lee 12/15/1969 - 7/29/1994 M - Janice & Joe Robertson S - Kathy Sanchez & Karen Demeria GM-Mildred Trigg

Rucys, Elliott Joseph 12/19/2007-1/18/2008 P-Pete & Libbie Rucys S-Sydney & Aiden Rucys GP-Wynn,Cheryl,Jodi Elliott and Joe & Sandra Rucys, Nancy Alvis

Ruiz, Marcus Nelson 12/29/1996 - 11/12/2000 P - Aleida & Nelson Ruiz S - Illana Sasnett, Debbie Powell 12/14/1956 - 03/31/2000 P-Jackie & Billy Powell B-Debby & Tony S-Penny

Thomas, Carol 12/16/1955-2/16/2003 M-Betty Thatcher Sibs-Deb Waldfoge,Ellen Williams,on Fran Thatcher & Gerri Hust

Waller, Lauren Marie
12/12/1990 - 4/16/2000
M - Kristine Colding & Bryan
Strahan
B-Christopher
S-Faith
GP-Joyce & Gene Waller

Williams, Paul X. 12/2/1986-12/24/2005 P-Amber & Tracy MacDonald Sibs-Molly & Daniel Williams GP-John & Rosemarie Binder

# December Anniversaries

Antinora, Joseph A. 8/18/1967-12/9/2006 M-Susan Antinora S-Tina Baxter GF-Jos. Harnishfeger

Barnes Hannah D. M. 12/28/94 - 12/28/94 P - Alfred & Sabrina Barnes

Bishop, Krystal Lee 8/1/1988 - 12/24/2001 P-Pam & Rick Bishop S-Angie Valente & Missy Bishop B-Greg Bishop GM-Marilyn Eddy

Bliss, Lindsay Rebecca 4/26/1977 - 12/1/1991 P - Jim & Mary Beth Bliss S - Shannon Bliss Booker, Michelle Elizabeth 3/25/1987 - 12/1/2004 P-Michael & Bonnie Booker B-Justine & Dillon Booker GP-Betty Nichols and Ed & Janice Falcon

Daly, Cole 9/9/1983 - 12/17/2001 M-Katie Brock

Darby, Marc Steven 3/25/1986 - 12/12/1998 P - Steve & Lori Darby S - Cody, Austin, Benjamin GP - John & Linda Darby

Delk, Melissa Ann 11/13/72 - 12/09/77 M - Linda Delk B - Louis Delk S - Meronda Brown Donnarumma, Sophia Marie 9/1/2000 - 12/23/2004 P-Benjamin & Diane S-Olivia GM-Pat Donnarumma

Douglas, Christopher 11/4/1977 - 12/22/1997 M - Laren & Michael S - Stacy & Leigh B - Clinton

Durr, Jacob Nathaniel 7/16/1982-12/14/2009 M-Karen Durr S-Danielle Roberts GP-Samuel & Margaret Minton

Ellis, Douglas William 01/09/62 - 12/17/83 M - Alicia Ellis West B-Harry Jr. & Edward Ellis Gallagher, Matthew 8/18/92 - 12/12/11 P- Kelly & Jim Gallagher B-Tim

Hinchey, Ronald 11/17/1974 - 12/10/1999 P - Ronald & Donna Hinchey S - Tracy Foster

Knight, Matthew A. 9/1/1982 - 12/28/2001 P-Ron & Sandy Knight GM-Jack & Mary Griffin & Doris I. Knight

Lespinasse, Bryan 3/8/1991 - 12/27/2004 M-Margarett Lespinasse



# Our Children . . . Remembered

# So long as we live, they too shall live ... For they are a part of us as we remember them.

O'Berry, Michael Sean 09/13/94 - 12/15/97 P - Mike & Valerie O'Berry B - Christopher O'Berry

GM - Linda Hoffman A - Joyce Weil

U - Mike Kasrich

Pegram, Robin Sue 03/13/73 - 12/05/93 P - Earl & Susan Pegram S - Jodi Pegram B - Scooter & Craig Pegram **GM-Betty Jennings** 

Ramirez, Arthur, Jr. 6/10/1951 - 12/30/1997 M-Helen Ramirez

Schlechty, Michael 2/5/59 - 12/4/01 P - Nancy & Vernon Schlechty

Children - Michael Leann & Morgan Lynn S - Kristi, Teresa, & Pamela

B - Mark

S - Amy

Shearer, Shane 08/03/73 - 12/05/89 M - Linda Shearer SF - Keith Gregory S - January Shearer

Thompson, Kimberly Karlin 5/5/1976 - 12/6/1999

P - Sam & Ingrid Thompson

Weber, Barbara Jean 6/4/1953 - 12/14/1994 P - Weldon & Jean Weber

Williams, Paul X. 12/2/1986-12/24/2005 P-Amber & Tracy MacDonald Sibs-Molly & Daniel Williams GP-John & Rosemarie Binder

Woofter, Kimberly Ann.."Kimie" 2/24/1970 - 12/25/2006 P-Julie & Steve Woofter Children - Michael & Dystin Sibs-Angela Huntley & Donny

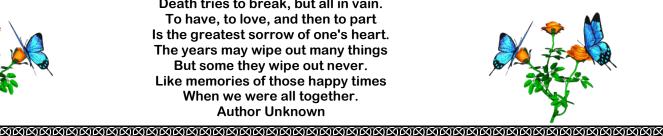
Zorn, Wavne 7/15/1964 - 12/30/2006 M-Charlotte Zorn



## 



Remembrance is a golden chain Death tries to break, but all in vain. To have, to love, and then to part Is the greatest sorrow of one's heart. The years may wipe out many things But some they wipe out never. Like memories of those happy times When we were all together. **Author Unknown** 



You must contact us to have your child's name added to the newsletter,

they are not automatically added.

If we have omitted your child, misspelled your child's name, or listed incorrect dates or other information, please accept our apologies and contact Debbie Nemitz at debbie.bpnews@gmail.com or 813-907-1441 to correct the information.

Please bear with us as we are transitioning the newsletter. Any errors are unintentional and we sincerely apologize in advance. Call any of our telephone friends if you are having a hard time on these days or even other days if you need to talk. We truly understand your pain; for we, too, remember our own children.



# **Newletter Articles or Contributions**

Have you written a poem or article about your bereavement process? Would you like to share it in the newsletter? We are looking for article submissions every month from members of our chapter. Articles will be edited if needed. Please contact Debbie Nemitz @813-907-1441 or debbie.bpnews@gmail.com if you have any questions.

# Matthew Gallagher 8/18/92 to 12/12/11





Love & Miss You!
Mom, Dad, Tim
& All Your Family and Friends



I still hear the songs I still see the lights I still feel your love On cold winter nights.

I still share your hopes and all of your cares I'll even remind you to please say your prayers.

I just want to tell you you still make me proud You stand head and shoulders above all the crowd.

Keep trying each moment to stay in his grace I come here before you to help set your place.

You don't have to be perfect all the time he forgives you the slip if you continue to climb.

To my family and friends please be thankful today I'm still close beside you in a new special way.

I love you all dearly now don't shed a tear cause I'm spending my Christmas with Jesus this year

By John Mooney

### For the Newly Bereaved Thoughts for the Season

by Sascha Wagner, Aurora, CO

Is this the first Holiday Season after the tragedy? Are you desperately trying not to spoil these special days for the other people in your life?

Dear Mother, Dear Father, give yourself permission to hurt and ask the others to understand. It will be better for all of you (especially for your living children). If you keep from being too brave, too polite. That makes others feel even more helpless, more distant from you, perhaps even a bit rejected.

If you can, talk very briefly to your immediate family, especially to your spouse and ask for patience, promising yours in return. Because we all react differently to great emotional strain, this can be a time of temporary estrangements in your family-this is also a time for remembering all the reasons why you loved each other in the first place.

Don't worry about feeling "Nothing". Your mind has been dealt a terri ble blow, but most of your old feelings will return in time and until these old feelings do return, try also to "think" about the love for the children you still have here on earth.

Grief can bring out some very special qualities in the people around you (although often not in the ones you expected to "be there".) Do let others give you evidence of their devotion, concern, warmth, attention, empathy. After all, these are the finest gifts we can give to each other in this time of love and songs and lights. And believe me when I tell you that honesty in having your feelings is a gift in return, from you to them—wordlessly telling your children, your friends, and your helpers that you trust them and that they are appreciated.

Next year, perhaps, you can "explain" it all. For now, honor your grief, trust each other and accept the sorrows of today, however well (or poorly) you can.

We will speak of comfort and joy another time.

#### **IMPORTANT ANNOUNCEMENT /**

Many of you have already been getting this newsletter delivered to your e-mail address. We began offering it several years ago as our way of "going green". However, at this point, we are asking that EVERYONE who has access to a computer provide us with their email address or go to our website online @ <a href="http://www.bpusatampabay.com/Newsletters.html">http://www.bpusatampabay.com/Newsletters.html</a>.

It is very costly to have these printed and mailed. We are unable to continue to print., at least for the time being. If you do not have access to a computer, then please contact us and we will try to get you a copy for a small donation.. Hopefully before long we will be able to begin to print them every other month. We appreciate your understanding our situation.

Send all information to Debbie Nemitz by e-mail at <a href="mailto:debbie.bpnews@gmail.com">debbie.bpnews@gmail.com</a>.

# Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA. We Welcome You.



## Address Correction Requested

October - Movember 2012

POSTMASTER - <u>Dated Material</u>
Please do not delay.

ASU and The Bereaved Parents of the USA 7034

Brandon, FL 33508