

Tampa Bay Chapter

P.O. Box 3226 Tampa, Florida 33601-3226 www.bpusatampabay.com

MEETING INFORMATION

Regular Monthly <u>SUNDAY</u> Meeting (held the second Sunday of the month) February 13, 6:30 p.m. See below for a scheduled special program *St. Joseph's Hospital* Medical Arts Building, Auditorium 3001 Martin Luther King Jr. Blvd. Call Beverley Hurley at 813-832-3175 for directions or information.

Regular Monthly <u>DAYTIME</u> Meeting

Riverview/Gibsonton/Brandon areas (held the second Friday each month) Friday, February 10 110:00 a.m. to Noon The Greater Brandon Chamber of Commerce 330 Pauls Drive, Brandon, Florida 33511 Please call Linda Delk at 813-661-0680 for directions or information.

Regular Monthly PLANT CITY Meeting

(Normally held the fourth Monday each month) Monday, January 28, 7:00 to 9:00 p.m. South Florida Baptist Hospital 301 N. Alexander Street, Plant City in the Community Conference Room Call Janice Falcon at 813-779-9353 for directions or information.

UPCOMING EVENTS YOU DO NOT WANT TO MISS!!

Special Presentation by guest speakers "How Men and Women Mourn the Death of a Child " Sunday, <u>February 13</u>, St. Joseph Meeting 6:30 p.m. sharp! Special refreshments will be served!

Come alone or with your spouse for this very insightful special presentation. We are very fortunate to have Dave and Sue Alexander come to Tampa to present this for us as they have presented this program <u>nationally</u>.

Another Special Presentation by a guest speaker Dr. Kim Lockwood Sunday, <u>March 13</u>, 6:30 p.m. Sharp! St. Joseph Hospital MAB "Small Steps that lead to Recovery" Dr. Lockwood has presented his mini workshop nationally and we are fortunate to have him come to Tampa to do this for our Chapter. Special refreshments will be served! This month's newsletter lovingly sponsored by the family of: Michael Schlechty

Sun Mon Tue Wed Thu Fri Sat 1 2 3 4 5 7 8 10 11 6 9 **L**12 18 ,13 14 15 16 17 19 20 21 22 23 24 25 26 27 28 FEBRUARY 2011

Support Groups – A Healing Experience By: Vera Fish

If people suggest that you go to a support group, but you are afraid to be around strangers, here are a few things you can think about.

Grief crosses all boundaries. When you are with others who have suffered the death of a loved one, the walls you have put around you can dome down. To spend an hour or two with others who share a similar loss, to learn from others about the process of grief and how you might make your life less troubled or painful, is a great gift. Other survivors who have been going through this have knowledge, support, comfort to share, and you can breathe easier by opening up and letting them help ease your pain.

If you're worried or scared about attending a support group, you can make a deal with yourself: I will try it, and if I don't like it, I won't go again. But the chances are, if you attend a few times, you will begin making connections and becoming friends with others who truly know how you feel – people who won't judge you, and will truly listen to what you say. You can feel some type of relief in knowing that there are others who are willing to travel the journey of healing you are working on.

We learn to rise above our own grief by reaching out and lessening the grief of others.

Chapter News



ANGEL OF HOPE UPDATE

www.angelofhopetampabay.com <u>Located at :</u> *Riverside Park* 201 *Riverhills Drive, Temple Terrace* <u>Mailing Address:</u> *P. O. Box 2573 Lutz, FL 33548* 813.495.7539

Angel of Hope Annual Spring Tea Saturday, April 30, 2011 9 a.m. Noon - *Doors open at 8:30am. Wyndham at Westshore (formerly Quorum Hotel) 700 N. Westshore Blvd. in Tampa. Join us for a celebrity MC, fun entertainment, great food & fantastic raffles! Seats are \$35 per person. Table of eight may be hosted for \$280. Corporate Sponsorships (table of 8) Silver Tea Set Sponsor - \$3,000; Fine China Tea Set Sponsor - \$2,000; Crystal Tea Set Sponsor - \$1,000; Linen Sponsor - \$350.

Please contact Lourdes Arenas to register in advance and **before April 9th** (813) 416-2536 **Hurry and get your tickets!!**

Call Gina Casal (813) 495-7539 to donate raffle items!

Tickets may be purchased on line at <u>www.angelofhopetampabay.org</u> We now accept Paypal on line!

Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Linda Delk (General Information)	(813) 661-0680
Sue Bowditch (Adult Child)	(813) 390-9734
Theresa Farmer (Homicide)	(813) 994-0707
Traci Cooley (Drowning)	(813) 464-4525
Ron Ellington (Suicide/Grandparent)	(727) 410-2308
Charles L'Homme (Accidental Death)	(813) 335-7628
Debbie Nemitz (Long Term Illness)	(813) 907-1441
Barbara or Tommy Dietrich	
(Death of an Only Child)	(813) 340-9120
Serena Graves (Sibling Contact)	(813) 810-7169
Violeta "Cookie" Fernandez	
(Se Habla Espano)	(813) 996-4281
CRISIS CENTER	211

Bereaved Parents/USA National Office Post Office Box 95, Park Forest, IL 60466 Phone/Fax: (708) 748-7866 www.bereavedparentsusa.org

Donated by Teresa Farmer In loving memory of her son **Ty Kristan Robertson** 2/4/1979 - 3/29/2003

Donated by Tammy Hill In loving memory of her son **Tyler Wade Head** 2/21/1995 - 7/15/2004

Donated by Mike & Pam Harris In loving memory of their son **Eric Michael Harris** 2/4/1984 - 9/12/2003

Donated by George & Jackie Loadholtz In loving memory of their son **Glenn Edward Loadholtz** 11/25/1969 - 2/15/2005

Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways, including the preparation and mailing of the newsletter.

Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child. Thank you!

Chapter Library Books

If you have finished reading a BP/USA Library book, please, **please** return it to our library. There is no time limit for how long you can have a book, but the longer you borrow a book, the less opportunities other bereaved parents have to read it. We also gladly accept book donations.

Contact Tommy or Barbara Dietrich at (813) 234-4705 or visit one of our three monthly sharing meetings to return a book, arrange a donation or inquire about an available title.

Sponsor A Newsletter Page

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$55 which in-cludes one black and white scan of one photograph and your tribute to your child, which can include poems, stories or whatever you like. Your contribution supports the chapter and helps pay for the printing of the newsletter.

To sponsor a newsletter page, contact Beverley Hurley at (813) 832-3175 (email bee.hurley@gte.net). Please note that sponsorship pages are <u>due by the 15th of the month BEFORE the</u> <u>publication month.</u>

Electronic Newsletter

The Newsletter is available electronically. To receive it by Email, send your name and email address to: <u>bee.hurley@gte.net</u> and indicate your desire to switch from regular "snail" mail to email. Email recipients will also receive additional news and information, while helping our chapter save costs. We very much appreciate your cooperation by helping us out this way!

Address Change

If you have an address change, the Postal Service will NOT forward! They return to us—FOR A FEE, SO <u>**PLEASE**</u> LET US KNOW IF YOU HAVE A NEW ADDRESS.



So long as we live, they too shall live ... For they are a part of us as we remember them.

Our Children . . . Remembered

February Birthdays

Baker, Holly K. 02/11/84 - 11/15/96 M - Evonne M. Baker

Blanchard, Eric Anthony 2/19/1976 - 8/3/1998 - Barbara & Wayne Blanchard S - Lisa, Tammy, Dawn B - Chris & Michael Daughter - Samantha

Blazowich, Anthony "Tony" Michael 2/20/1984-4/5/2006 M-Marianne & Daniel Sr. Blazowich B-Daniel, Jr. S-Jennifer

Brown, Joshua Aaron 2/3/1982-5/8/2008 M-Tami Porter

Burger, Jeffrey Robin 02/05/61 - 04/20/97 M - Cecelia Burger B - Hal & Curt Burger

Caldwell-Faught, Thomas 2/9/1997 - 5/24/2003M-Shannon Caldwell

Carter, Cassandra D. "Casie" 2/22/1982 - 9/28/1999 P-Ted & Gayle Carter B-Justin Carter GP-Luna Carter

Feanny, Jonathan 2/22/2005-2/22/2005 M-Elham Feanny

Gochenaur, Laci 02/15/91 - 03/23/98 P - Kelli & Chris Gochenaur S - Jacee & Riley Gochenaur GP - Ronald & Clarine Barton

M - Pat Dukes

Hafford, Lauren Elizabeth 2/17/1977 - 4/13/1999 P - Gwen & John Hafford S - Lindsay & Lesley Hafford

Harris, Eric Michael 2/4/1984 - 9/12/2003 P-Mike & Pam Harris B-Mark GM-Joan Matthews & Verna Harris

Head, Tyler Wade 2/21/1995 - 7/15/2004 M-Tammy Hill F-Jerry Toloff GF-German Toloff

Hernandez, Rebecca 02/10/89 - 01/28/91- Regla & Pedro Hernan-Ρ dez

Jackson Soraya 2/26/1997-8/17/2006 M-Catherine Creen

Kelley, Emmanuel 2/27-10/25/2006 M-Cvnthia Kellev Aunt-Deitra Luropler Cousin -Angel Kelley

Kenefick, Aaron Michael 2/5/1979-9/8/2009 M-Susan Price B-Jacque & Jade GM-Carol Price

Kowall, Spec. Corey J. 2/1/1989-9/20/2009 M-Kelly Kowall Sibs-Kyla Tackett & Kris-ten Kowall GP-Marshall & Marty Schoeff

Robertson, Ty Kristan 2/4/1979 - 3/29/2003 P-Jim & Teresa Farmer S-Toni-Danielle Robertson B-Chris Farmer GM-Wanda Warren Children-Taylor Morris, Trystan & Jordan Robertson

St. Peter, Alexis 2/2/1980-4/28/2008 Alexis (Gibson) P-Karyl St.Peter

Schlechty, Michael 2/5/59 - 12/4/01 P - Nancy & Vernon Schlechty Children - Michael Leann & Morgan Lynn B - Mark and Julie
S - Amy

Stallard, Judy Lynn 02/28/1981 - 04/24/1981 M-Patricia (Stallard) Bass F-Joe Stallard

Thompson, Scott 2/18/1985-5/12/2006 M-Martha Thompson

Widoff, Craig 2/2/1951-4/27/2002 M-Lucille Widoff Child-Andrea Widoff Sibs-Preston & Pamela

Wisner, James R 2/20/1982 - 2/24/1999 P - Wayne & Sharen Wisner S - Crystal Wisner

Woofter, Kimberly Ann "Kimie 2/24/1970 - 12/25/2006 P-Julie & Steve Woofter S-Angela Huntley

February Anniversaries

Nadir, Peter 4/6/1971 - 2/8/2003

M-Barbar Nadir S-Sue McFowan

6/27/1961 - 2/25/2005 P-Jimmy & Sylvia Mingo S-Tina Jernigan & Donna

- 02/10/97 B - Dough Parrish

P-Charles & Joan Pittman

Shemela, Kenneth

Short, Kimberley 10/21/1969 - 2/11/1993 P - Terrance & Sue Short

Supple, Bart Patrick 07/25/59 - 02/14/94 P - Bart & Toni Supple

Thomas, Carol 12/16/1955-2/16/2003 M-Betty Thatcher S-Deb Waldfoge, Ellen Williams, Fran Thatcher, Gerri Huston

Willis, Melody 8/10/1971-2/27/2010 F-Martin Willis

Wisner, James R 2/20/1982 - 2/24/1999P - Wayne & Sharen Wisner S - Crystal Wisner

F-Brian Asci Children-AJ & Adriana Castellano, Lina 9/15/1966 - 2/20/2004

Asci, Jason 8/19/1979-2/7/2008

P-Sam & Jean Castellano Engdahl, Andrew 07/15/87 - 02/05/94 P - Rick & Vicky Engdahl

S - Stephanie Engdahl B - Joey Engdahl Feanny, Jonathan

2/22/2005-2/22/2005 M-Elham Feanny

Hadley, Katrina 11/17/1961 - 2/4/2006 M-Grace Therman

Harris, Charlotte Marie 1/23/2004 - 2/3/2004 P-Tony & Debra Harris Jacobson, Nathan 11/8/1994-2/16/2008

P-Amy & Pete Jacobson Lane, Matthew Alexander 6/22/2001 - 2/13/2003 M-Mary Ann Muschick S-Nikol B-Devvin GP-Hieu & David Muschick

Loadholtz, Glenn Edward 11/25/1969 - 2/15/2005 P-George & Jackie Loadholtz S-Gwen Walkowiak

Murphy, Mark Lawrence 12/22/1968 - 2/21/2000 M - Rosalie Baum B - John Murphy

Owens, Kenny Dwayne

Parrish, Randy 08/22/57 M - Juanita Bodiford

Pittman, Cynthia Marie 1/25/1978 - 2/23/2003

6/24/1964 - 2/19/2009P-Bill & Barbara Shemela B-Bill Shemela, Jr.

If we have omitted your child, misspelled your child's name, or listed incorrect dates, please accept our apologies and call Beverley Hurley at (813) 832-3175 to correct the information. Call any of our telephone friends if you are having a hard time on these days. We truly understand your pain; for we, too, remember our own children.

They say, "memories are golden" and maybe that is true. But, we never wanted memories,

we only wanted you.

~author unknown~

Rosalie Baker, Rochester, NY Published in *Caring and Sharing News, February 2007*

February has fewer days than most months, and that may be of a special significance to us, as our children had fewer days than most. When we think of this month, the most outstanding day, perhaps, is Valentine's Day. It is a time for love. When we were school-aged, we had a special chance to give and receive cards in those decorated boxes in our primary classrooms. Perhaps it is the one holiday that children can really do something for everyone. Addressing a card to each and every classmate made you think of how you felt about each one and wonder about how they felt about you.

Love is found in every day of every year, but February and Valentine's Day are very special. I wish I could remember just how it felt to get a "nicer" Valentine from someone I had sent a "nicer" one to. It is so long ago, and there have been so many, much more significant happenings in my life. But sometimes, I'd like to remember just how it felt.

I am sending along this Valentine's Love Note to each of you right now and hope that you know it is one of the "nicer" ones, because each of you is very special to me. Somehow I don't wonder how you feel, somehow I know.

As we grieve the loss of our children and one another's, we begin to find a different kind of love than we ever expected to experience.

Monumental Journey

of the Heart July 29-31, 2011 Sheraton Reston Hotel, Reston, Virginia



The Little Things

By Ann Tyler, Sacramento, CA

Often even the simple tasks of everyday living seem to drain every ounce of one's energy. Remember going to the grocery store even month's after your child's death and the feelings you had as you passed by his or her favorite cereal? Or watching another child the same age as yours in a restaurant and trying to swallow your food - you probably didn't even taste it. Or hearing a certain song in public and fighting back the tears? Sometimes even getting through the day in your own home makes you feel like you've run a marathon and leaves you in worse shape. You probably never dreamed that doing the laundry could make you cry or getting a piece of mail in your child's name could such your breath away. Even the best of friends and family can't possibly know the strength you must summon day after day. We shouldn't expect them to understand completely, but it does get lonely.

Perhaps this quote puts it in a nutshell: One sad thing about this world is that the acts that take the most out of you are usually the ones that other people will never know about.



Love

By Darcie Sims

Grief is the price we pay for love. We did not lose our children.

They died, taking with them our hopes and dreams for the future, but never, never taking away their love.

Though death comes, love will never go away. Hold it tight, the love our children gave us. Hold it tight through the storms of grief and bring it with you into today.

Love never goes away.

Located just 25 minutes from downtown Washington, DC near DullesHotel rate \$99 per room (plus taxes), up to 4 people per room. Rate honored 3 days before and 3 days after the Gathering.Call 1-800-561-9186 to make your reservation or visit www.starwoodmeeting.com/Book/BereavedParents.

Thursday night "Kick Off" Program, plan to come early, you don't want to miss this exciting event!

Outstanding Speakers and Workshops, Sibling Program! Meal Package only \$149.00 for seven meals.

Donations are being sought from individuals and chapters for the Butterfly Boutique, Raffles, Silent Auction and Table Favors. Contact Jodi Norman at bpusa.nova@yahoo.com if you are able to help.

If you are interested in presenting a workshop fill out the on-line application www.bereavedparentsusa.org or print out an application and mail to:

P.O. Box 7675, Woodbridge, VA 22192.

Deadline for workshop applications is March 15, 2011.

For more information contact Jodi Norman, Gathering Chair at 703-910-6277 or e-mail: bpusa.nova@yahoo.com.





Remembering you on your birthday as we do everyday!

We miss you, We love you, And we are so sad without you!

You will always be remembered Forever...with all our love and in our happy memories!

Your famíly always!

XOXOXOXOXOXOXOXOXOXOXOXOXOXOXOXOXOXOX

February 2011

Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA. We Welcome You.

FOR THE NEW YEAR

~ Ruth Eiseman

Where there is pain, Let there be softening. Where there is bitterness, Let there be acceptance. Where there is silence, Let there be communication. Where there is loneliness, Let there be friendships. Where there is despair, Let there be hope.

"Getting on with living doesn't mean parents have to feel disloyal to their child's memory. Recovering doesn't mean you have to forget. You will always remember. So "why not remember the good things in your child's life."

Katherine Donnelly



There will come a day when the tears of sorrow will softly flow into tears of remembrance...and your heart will begin to heal itself....and grieving will be interrupted by episodes of joy....and you will hear the whisper of hope.

There will come a day when you will welcome the tear of remembrance....as a sunflower of the soul....a turning of the tide...a promise of peace.

There will come a day when you will....risk loving....go on believing....and treasure the tears of remembering.

~author unknown~

Address Correction Requested



February 2011 POSTMASTER - Dated Material Please do not delay.



