

Tampa Bay Chapter

P.O. Box 3226 Tampa, Florida 33601-3226

www.bpusatampabay.com

MEETING INFORMATION

Regular Monthly SUNDAY Meeting
(held the second Sunday of the month)
July 10, 6:30 p.m. to 8:30 p.m.
August 14, 6:30 p.m. to 8:30 p.m.
St. Joseph's Hospital
Medical Arts Building, Auditorium
3001 Martin Luther King Jr. Blvd.
Call Beverley Hurley at 813-832-3175
for directions or information.
(We will have a carry in covered dish starting at 5:30!)

Regular Monthly <u>DAYTIME</u> Meeting
Riverview/Gibsonton/Brandon areas
(held the second Friday each month)
Friday, July 8, 10:00 a.m. to Noon
Friday, August 12, 10:00 a.m. to Noon
The Greater Brandon Chamber of Commerce
330 Pauls Drive, Brandon, Florida 33511
Please call Linda Delk at 813-661-0680
for directions or information.

Regular Monthly PLANT CITY Meeting
(Normally held the fourth Monday each month)
Monday, July 25, 7:00 to 9:00 p.m.
Monday, August 22, 7:00 p.m. to 9:00 p.m.
South Florida Baptist Hospital
301 N. Alexander Street, Plant City
in the Community Conference Room
Call Janice Falcon at 813-779-9353
for directions or information.

We, as bereaved parents, help grieving families rebuild their lives following the death of a child!

Please join us at one of the sharing sessions as we all work toward healing from the death of our child.

Grief shared is grief diminished. You are not required to talk and this is not a group therapy session—just parents sharing in a safe environment.

UPCOMING EVENTS YOU DO NOT WANT TO MISS!!

NOTE: The next AOH Brick Dedication will be in October. Brick Orders are due by August 1!

Let warm memories be as close to you as the warmth of summer.

-Sascha Wagner

July/August 2011



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IF ONLY

"If Only" is the whip with which we lash ourselves.

If only I had not bought him the motorcycle

If only I had not let her cross the street alone

If only I had forbidden him to drive while he was so tired

If only I had not permitted the surgery. If only I had allowed the surgery sooner

If only I had not waited for the ambulance

If only I were an all knowing, all powerful God, I would not have allowed my child to die

But I am only human

Theresa Hutchinson, Norman OK Loving lifted from BP/USA Springfield Newsletter.

Chapter News



ANGEL OF HOPE UPDATE

www.angelofhopetampabay.com

<u>Located at:</u>

Riverside Park

201 Riverhills Drive, Temple Terrace

<u>Mailing Address:</u>

P. O. Box 2573, Lutz, FL 33548

813.495.7539

<u>Brick Orders.</u>

Bricks Orders must be submitted by August 1, 2011 in order to be included in the October Dedication. Please see our website for brick order information and form.



Address Change

If you have an address change, the Postal Service will NOT forward! They return to us—FOR A FEE, SO **PLEASE** LET US KNOW IF YOU HAVE A NEW ADDRESS.

Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Linda Delk (General Information)	(813) 661-0680
Sue Bowditch (Adult Child)	(813) 390-9734
Theresa Farmer (Homicide)	(813) 994-0707
Traci Cooley (Drowning)	(813) 464-4525
Ron Ellington (Suicide/Grandparent)	(727) 410-2308
Charles L'Homme (Accidental Death)	(813) 335-7628
Debbie Nemitz (Long Term Illness)	(813) 907-1441
Barbara or Tommy Dietrich	
(Death of an Only Child)	(813) 340-9120
Serena Graves (Sibling Contact)	(813) 810-7169
Violeta "Cookie" Fernandez	
(Se Habla Espano)	(813) 996-4281
CRISIS CENTER	211

Bereaved Parents/USA National Office Post Office Box 95, Park Forest, IL 60466 Phone/Fax: (708) 748-7866 www.bereavedparentsusa.org



Donated by Lori Scragg In loving memory of her son **Keith Joseph Scragg** 8/4/1986-9/5/2008

Donated by Tom & Judy Sluder In loving memory of their daughter **Kathryn Elizabeth Sluder** 8/31/1966 - 3/16/2002

Donated by Gregg Lalis In loving memory of his son **Timothy Lalis** 07/29/1996 - 07/11/2001

Donated by Tammy Hill In loving memory of her son **Tyler Wade Head** 2/21/1995-7/15/2004

Donated by Linda Graves and Serena Graves In loving memory of their son, and brother Matthew Regan Graves

8/8/1979-8/31/2000

Love GiftsA Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways, including the preparation and mailing of the newsletter.

Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child. Thank you!

Chapter Library Books

If you have finished reading a BP/USA Library book, please, <u>please</u> return it to our library. There is no time limit for how long you can have a book, but the longer you borrow a book, the less opportunities other bereaved parents have to read it. We also gladly accept book donations.

Contact Tommy or Barbara Dietrich at (813) 234-4705 or visit one of our three monthly sharing meetings to return a book, arrange a donation or inquire about an available title.

Electronic Newsletter

The Newsletter is now available electronically. To receive it by e-mail, send your name and e-mail address to: bee.hurley@gte.net and indicate your desire to switch from regular "snail" mail to e-mail.

E-mail recipients will also receive additional news and information, while helping our chapter save costs. We very much appreciate your cooperation by helping us out this way!

Chapter Outreach—New Members

New members to the chapter find us through various contacts with other bereaved parents, clergy, hospital, social service organizations, etc. If you know someone who has experienced the death of a child, please contact Linda Delk at 813-661-0680.



Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

July Birthdays

Banda, Selena 7/6/2002 - 3/4/2004 P-Richard & Susan Banda

Buth, Andy Armstrong 7/21/1985-10/15/2010 F-Joseph Buth M-Karen Olson

Butler, Mark Anthony 7/7/1977 - 11/24/2001 P-Ray & Chris Butler GM-Alice Butler

Corbett, Shaun 7/8/1985 - 4/23/2003 M-Ellen Corbett

Durr, Ssgt. Jacob Nathaniel 7/16/1982-12/14/2009 M-Karen Durr S-Danielle Roberts GP-Samuel & Margret Minton

Eddy, Steven John 9/16/1960-7/9/2008 M-Marilyn Eddy S-Pam & Tammy B-Sonny

Engdahl, Andrew 07/15/87 - 02/05/94 P - Rick & Vicky Engdahl S - Stephanie Engdahl B - Joey Engdahl

Finchum, Tommy 07/10/75 - 05/06/94 P - Pete & Jovce Finchum B - John Finchum

Griner, Matthew Ian 7/10/1985 - 10/27/2006 P-George & Barbara Griner B-Daniel & Kurt GP-Bill and Ann Griner

Henry, Sumara Raquel 07/12/88 - 09/18/93 P - Louis & Cindy Henry GP-James & Ruby Reese & Bernice Henry

Hester, Debbie 7/25/1998-10/14/61 P-Buddy & Sue Butler

Holland, Jeffrey K. Moses

9/10/1986-7/7/2009 P-Thomas & Donna Holland & Henry Moses Sibs-Derrick Moses & Logan Holland GP-Beverly Cash, Joan & Steve Hol-

Knox, Patricia Lynn 7/27/1964 - 10/21/1997 M - Shelby Jean McClure

Lalis, Timothy 07/29/1996 - 07/11/2001 P - Gregg Lalis & Elisabeth Schulten

B - Andrew & Klaus Lalis

Leyde, Darek 7/17/1967 - 4/23/2003 P-Vern & Julie Leyde S-Traci Gainforth

McMillion, James Christopher 7/26/1984 - 9/26/2003 GP-Ralph & Martha Hamilton

Roberson, Richard Joseph 07/23/1959 - 06/02/1997 P-Richard & Jeannette Roberson S-Sue & Shelfy B-Randy

Russo-Afeld, Angela Musette 7/10/1969 - 7/21/1996 M - Lillian Wiebeld F - Dick Russo B - Rick and Nelson Russo

Shelton, Emma Victoria 7/8/2003 - 5/8/2005 M-John & Jennifer Shelton Sibs-Jacob & Hannah GP-Peg & Jim Bishop,Tom Musolin, Art & Sam White, Rober & Judy

Slaven, Minnie Leona 7/10/1972 - 8/11/2000 M-Della LaGrone P-Delbert & Catherine Slaven S-Charlotte, Della, Betty, Lynn, Amelia &

B-Ronnie, Jack, Del, & Delbert Jr.

Steen, Donald Kenneth 7/25/1960 - 7/26/1960 M-Nancy Holdren B-Richard, David & Michael

Supple, Bart Patrick 07/25/59 - 02/14/94 P - Bart & Toni Supple

Tarez, Kami 7/1/1980 - 3/1/2006 M-Leigh Tarez

Vallee, Scott Gerard 7/4/1974 - 7/10/2004 P-Gerry & Louise Vallee S-Kama Vallee GP-Roy & Mabel Parsons Spouse-Jessica Vallee

Webb, Eric Richard 7/1/1985 - 4/2/1999 P - William & Kathleen Webb B - David Webb

Wright, Travis 7/16/1973 - 6/15/2001 M - Joan Wright

Young, Billy 7/14/2003 - 4/17/2006 P-Bill & Sandy Young

Zorn, Wayne 7/15/1964 - 12/30/2006 M-Charlotte Zorn

July Anniversaries

Boyd, Anastasia "Nicole" 5/4/1998 - 7/8/2004 P-Anita Dennert & Thomas Boyd Sibs-Tara Lewis, Mike Boyd, Alan GP-Huev & Marie McDonald. Angus & Jewell Howell & Angus

Burger, Teresa 10/26/58 - 07/10/87 M - Cecelia Burger B - Hal & Curt Burger

Carlan, Robert Hope 06/02/78 - 07/25/99 P - Arnold & Linda Carlan

Eddy, Steven 9/16/1960 - 7/9/2008 M-Marilyn Eddy S-Pam Bishop & Tammy Eddy N-Angie Valente & Missy Bishop

Gonzalez, Miriam 12/10/1948 - 7/26/1995 P-Fernando & Paula Lespier S-Maria & Aida

Head, Tyler Wade 2/21/1995 - 7/15/2004 M-Tammy Hill F-Jerry Toloff GF-German Toloff

Heath, Austin Noah 4/6/2000 - 7/4/2000 P - Isaac Heath & Regina Jacobs GM - Gigi Schools

Hester, Debbie 10/14/61 - 07/25/98 P - Buddy & Sue Butler Hidalgo, Christopher 12/14/1989 - 7/5/2004 M-Tammy Hidalgo

Holland, Jeffrey K. Moses 9/10/1986-7/7/2009 P-Thomas & Donald Holland & Henry Moses Sibs-Derrick Moses & Logan Holland GP-Beverly Cash, John & Steve Holland

Kelly, Amanda Jean 11/15/1986 - 7/7/1987 P-John & Brenda Kelly S-Matthew & Ryan GP-John Keller & Elizabeth Kelly

Lalis, Timothy 07/29/1996 - 07/11/2001 P - Gregg Lalis & Elisabeth B - Andrew & Klaus Lalis

Lavalee, Grace 5/3/2009-7/17/2010 M-Natalia Lavalee

Littlechild, Will 4/6/1979-7/4/2008 M-Lula Richardson S-Patricia Littlechild Martin, Brian James 06/09/1979 - 07/18/1993 P - Stan & Adrianne Martin B - Christopher Martin GM - Evelyn Golding

Pegram, Jodi E. 04/06/70 - 07/22/01 P - Earl & Susan Pegram S - Robin Sue Pegram B - Scooter & Craig Pegram **GM-Betty Jennings**

Pitts, Joseph David 12/8/1971 - 7/16/1998 P - Ruth & Richard Pitts

Ponder, Manda Lynn 06/13/1995 - 07/03/1995 P - Marilynn & William Ponder B - Travis & Mike Ponder S - Amanda Ponder **GM-Grace Ponder**

Powers, Geoffrey A. 1/23/1983 - 7/1/2005 M-Diane Tower Sisters-Lana & Nikki Powers

Robertson, Kristi Lee 12/15/1969 - 7/29/1994 M - Janice & Joe Robertson S - Kathy Sanchez & Karen Demeria **GM-Mildred Trigg**

Rodriguez, Edwin (Eddy) Jr. 1/11/1971 - 7/28/1993 M-Bertha Dominquez

Rusnak, Tamara 4/6/1972 - 7/23/2004 M-Donna Johnson

Russo-Afeld, Angela Musette 7/10/1969 - 7/21/1996 M - Lillian Wiebeld F - Dick Russo B - Rick and Nelson Russo

Rutkowski, Eric John 4/11/1981 - 7/16/2003 P-Linda & Ron Rutkowski GP-Ray & Doris Pomorski

St. Martin-Hamm, Sydney Chanel 1/9/1997 - 7/21/2003 M-Joy St. Martin & the late Rusty Hamm GP-Ramon & Rita Hamm

Steen, Donald Kenneth 7/25/1960 - 7/26/1960 M-Nancy Holdren B-Richard, David & Michael

Timothy, Joshua 6/29/2004 - 7/18/205 P-Doug & Kerri Timothy GM-Mary Ann Neglrete

Turner, Devon 5/2/1986 - 7/28/2005 M-Marie Lawson

Vallee, Scott Gerard 7/4/1974 - 7/10/2004 P-Gerry & Louise Vallee S-Kama Vallee GP-Rov & Mabel Parsons Spouse-Jessica Vallee

Williams, Alec Michael 5/17/1996 - 7/27/1996 P - Kathy & Michael Williams B - Chad & Chase

G - Frank & Robbie Edwards G - Dwight & Melvalene Williams

Our Apologies The following name was omitted from

June Birthday and Anniversary list:

Jonathan Lee Fernandez December 13, 19896—June 20, 2010 Mom-Elaine Fernandez

August Birthdays

Antinora, Joseph A. 8/18/1967-12/9/2006 M-Susan Antinora S-Tina Baxter GP-Joseph Harnishfeger

Bishop, Krystal Lee 8/1/1988 - 12/24/2001 P-Pam & Rick Bishop S-Angie Valente & Missy Bishop B-Greg Bishop GM-Marilyn Eddy

Daniel, Michael John 8/19/1990-4/1/2010 P-Paul & Nadine Daniel B-James Daniel GP-Lewis John Daniel & Steve & Marga-

Darrigo, Anthony & Domenic 08/11/94 - 08/11/94 P - Sam & Vanessa Darrigo

Faber, Nicholas (Nicky) Paul 08/13/89 - 06/08/95 P - Paul & Kathy Faber S - Danielle Faber

GP - Esther Kubler and Anna & Bobby Banks

Ferrera, Alex 8/11/1977 - 10/4/1997 P - Nelson & Guisela Ferrera B - Paolo Ferrera GM - Magda Alvarez Aunt - Mirta Diaz Uncle - John Ferrera

Ferrera, Crista J. 8/23/1975 - 03/11/1997 P - Nelson & Guisela Ferrera B - Paolo Ferrera GM - Magda Alvarez Aunt - Mirta Diaz

Uncle - John Ferrera

Gallian, John Charles 8/8/1963 - 3/21/1998 M-Virgian Gallian S-Paige Mask

Gardner, Gary Dwain Jr. 8/25/1995 - 10/4/2000 P - Gary & Janelle Gardner B - Jacob Gary Gardner GP-Betty Thatcher, Marty Thomas

Goldman, Ariel Nicole Rothschild 8/30/1989 - 5/15/2001 P - Steve and Lynn Goldman

Graves, Matthew Regan 8/8/1979 - 8/31/2000 M - Linda Graves S - Serena Graves B-Dutch & Allen Jr. **GF-Wilson Harmison**

Harrington, Zachary Michael Evans 8/4/1992 - 8/7/1992 P - William & Barbara Evans-Harrington GP Wm. & Barbara Evans

Harrison, Leigh Ann 08/11/84 - 08/11/84 P-Trudy & Tim Harrison GP-Bobbie & Jerry Meeks

Hoskins, Lauren Grace 8/18/2004 - 8/18/2004 M-Kim Hoskins

Howard, Steven T. 8/11/70 - 6/30/1999 M-Cay Pelaez

Marchetti, Katie 8/4/1989 - 3/4/2006 P-Vin & Laura Marchetti B-Andrew Marchetti

8/1/1975 - 1/1/2000 P-Deryl & Jennifer May

Muse, Jennifer Lee 08/07/71 - 04/04/92 M - Gretchen Muse F - Robert Muse, Jr. GP - Bob & Gladys Muse GM - Dorothy Deisch

Orsi, Kristen McCall 8/5/1980 - 6/27/2002 P-Kimberly & Leo Orsi GP-Wm. & Jeanne Armiger and Stephanie & Rich Orashen

Parrish, Randy 08/22/57 - 02/10/97 M - Juanita Bodiford B - Dough Parrish

Parrish, Scott Douglas 8/9/79 - 1/1/02 P - Doug Parrish and P - Karla & Rick Brown S-Sabbrina Lee Shannon GP - Juanita Bodiford & Ada Smith

Parrish, Tyler Stephen 8/6/1991 - 10/24/1991 P - June & Terry Parrish

Peel, Lee Anna Campbell 8/5/1972 - 9/9/1992 M - Patricia Campbell S - Beth Biggs B - Eddy Biggs

GP - Estele & James Carleton

Rose, Kailyn Dyann 8/22/2000 - 3/4/2003 M-Evelyn E. Rose

Sampson, Charles Roy 8/29/1998 - 8/29/1998 P - Paul & Susan Sampson GP - Margaret & Clayton Sampson and Shirley & Charles Osborne

Scragg, Keith Joseph 8/4/1986 - 9/5/2008 P-Richard & Lori Son-Macklin B-Matthew S/O-Emily Popke

Shearer, Shane 08/03/73 - 12/05/89 M - Linda Shearer SF - Keith Gregory S - January Shearer

Sluder, Kathryn Elizabeth

8/31/1966 - 3/16/2002 P-Tom & Judy Sluder Son-Israel S-Theresa B-Tom III & Keith

N/N-Brandon & Brandy, Keith II & Miranda

Steen, Michael Anthony 8/4/1956 - 6/20/2003 M-Nancy Holdren B-Rick, David & Donald Father to Jessica, Christine & Michelle Married to Doreen

Thornton, Jeremiah 8/29/84 - 4/13/01 M - Tim & Sue Thornton B - Jason

S - Amanda



August Anniversaries

Blanchard, Eric Anthony 2/19/1976 - 8/3/1998 P - Barbara & Wayne Blanchard

S - Lisa, Tammy, Dawn

B - Chris & Michael Daughter - Samantha

Cash, Christopher 9//13/1977 - 8/23/2004 M-Rita & Thomas Zvada F-Charles & Mika Cash Child-Leah Cash B-Charles Cash II GP-Gustavo & Ida Arencibia

Darrigo, Anthony & Domenic 08/11/94 - 08/11/94 P - Sam & Vanessa Darrigo

Fernandez, Karen Irene 03/08/68 - 08/23/88 M - Violeta "Cookie" Fernandez

B-Rik Fernandez

Flynn, Philip 12/17/1977-8/8/2002 M-Roseanne Flynn

Gilliam, Hayden Charles 6/20/1999 - 8/4/2001 P - Sean & Marion Gilliam Sibs - Sara & Cole GP-Joe & Nancy Gilliam, and Rosemarie Presbrey GGP-Mary Gilliam & Lora Flowers

Graves, Matthew Regan 8/8/1979 - 8/31/2000 M - Linda Graves S - Serena Graves B-Dutch & Allen Jr. GF-Wilson Harmison

Harrington, Zachary Michael Evans 8/4/1992 - 8/7/1992 P - William & Barbara Evans-Harrington GP Wm. & Barbara Evans

Harrison, Leigh Ann 08/11/84 - 08/11/84

P-Trudy & Tim Harrison GP-Bobbie & Jerry Meeks Holton, John William

05/20/52 - 08/10/94 M - Ann Holton

Hoskins, Lauren Grace 8/18/2004 - 8/18/2004 M-Kim Hoskins

Mohammed, Ian Roger 04/19/73 - 08/02/92 P - Judy & Rick Mohammed S - Alison Mohammed B - Cameron Mohammed

Roark, Kelli Colin 4/30/1990 - 8/30/1998 P - Joe & Angel Roark B - Kyle & Kaleb Roark GF - Ron Ellington

Sampson, Charles Roy 8/29/1998 - 8/29/1998 P - Paul & Susan Sampson GP - Margaret & Clayton Sampson and Shirley & Charles Osborne

Shye, John David 05/27/1964 - 08/07/1994 P - Betty Jean & Charles Shye S - Lydia and Mary Shye B - Chuck, Mary, Lydia Shye Father of J.D. and Justin Shye

Slaven, Minnie Leona 7/10/1972 - 8/11/2000 M-Della LaGrone P-Delbert & Catherine Slaven S-Charlotte, Della, Betty, Lynn, Amelia & Sue B-Ronnie, Jack, Del, & Delbert

Varga, Jozsef 6/11/1988 - 8/4/2007 M-Carmen Varga B-Kiel & Bruce Senra GP-Dorothy & Gerald Senra

Welch, Kimberly Michelle 10/24/1971 - 8/28/2003 M-Nancy Welch Child-



If we have omitted your child, misspelled your child's name, or listed incorrect dates, please accept our apologies and call Beverley Hurley at (813) 832-3175 to correct the information. Call any of our

telephone friends if you are having a hard time on these days. We truly understand your pain; for we, too, remember our own children.

A Gift That is Everlasting

A gift that is everlasting, A heart too precious to hold. Minimal days to cherish, It's for the best, so we're told.



We live everyday, Not knowing how long it shall last. Counting the seconds to memories, Waiting for the "now" to be the "past."

Nothing prepares us for that day, When our babies become gone. No explanations seem a comfort, As we stare into the dawn.

People surround us, Giving all they know to give. We walk through the ceremonies blind, Just wishing that they could live.

We hold on to the best, To make it through the night. Hating everything tat we see, Knowing that this whole thing's not right.

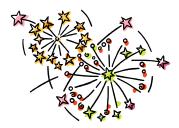
The days proceed on, We must learn to live again. Taking days to recall our angels, Feeling that there was no win.

Months fade fast, As that name makes our tears dry. We smile in the presence of others, We find only happiness in the cries.

Hurt passes with time, Wishing for our next encounter together. To hold the innocent in our arms, And share that love forever.

Written especially for the 2000 Gathering held in Tampa by Christa Dasher In Memory of her godson and nephew, Austin Ryan Dixon





You used to run around with a sparkler in your hand,

pretending you were a minute man or a patriot drummer.

It didn't matter; there was time for all. You'd wrap a rag around your head and take your toy drum, and tromp around the yard.

Whatever you were on those wonderful nights, you loved it!

Amend to Family Medical Leave Act of 1993 to Include the Death of a Child

It is my opinion that the death of a child is the worst experience that anyone can endure. However, many employers only allow 2-3 days of bereavement leave. Employees are expected to use their available vacation time after the 2-3 days of bereavement leave have been expended. If the employee exhausts both of these benefits and still requires additional time off the employer has grounds to terminate the employee.

I find it unacceptable that the death of a child is not included as a protected reason to qualify for 12 weeks of unpaid leave as part of the Family Medical Leave Act of 1993. Even people that have not lost a child can see the benefit in adding this to the already established Family Medical Leave Act.

Locally I have met with Congresswoman Judy Biggert and the issue has been featured on the front page of the Daily Herald (3/30/11). Nationally we have collected over 5,000 signatures and over 11,000 petition letters have sent to elected officials in Washington DC.

We need all the help we can get to continue bringing awareness to this issue. If you are interested in supporting this amendment, I ask you to do two things: 1) Visit www.FarleyKluger.com and sign the e-petition and 2) Share this link with people you know through email, Facebook and Twitter. Let's see if we can get someone's attention on this issue.

Thanks for your help.

Kelly Farley
Founder of The Grieving Dads Project
(630) 561-5989

E-Mail: Kelly@GrievingDads.com Blog: www.GrievingDads.wordpress.com Website: www.GrievingDads.com

Facebook: "GrievingDads.com Project"
Twitter: Twitter.com/GrievingDads

And we watched and laughed as you waved your tiny flag, thinking maybe you were the one who really understood what we celebrated. Now the drum is gone and no one gets sparklers any more.

The yard is quiet on the Fourth of

July.

Do you still march and play the drum for others?

Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA. We Welcome You.

May the stars carry your sadness away,

May the flowers fill your heart with beauty,

May hope forever wipe away your tears,

And, above all, may silence make you strong

~ Chief Dan George

Sorrow Is Not Forever—Love Is
—Michael A. Simpson, Birmingham, AL

So often, one attempts to face the whole future at once. But we will not live that period all at once, only day by day. Don't try to face twenty years. Face today. When that has been achieved, face tomorrow. You will find more and more ways in which you can cope. The Chinese have a saying that a journey of a thousand miles starts with a single step. There is no way you can take the fifteenth, or the two hundred-seventh step, before you have taken the first.

It can be difficult to face going out again and resuming your regular activities. It can take more courage to face the little things than the big things in life. Going out shopping for groceries for the first time can become an ordeal. Making the change more complete could help. Try a different store, a different day or time, and go with a friend. When it seems very hard to decide what to do first, maybe it's not very Important where you start, as long as you start. Choose a simple task and get started.

Once you've begin, it will be far easier to set your priorities and you will have gained in confidence for already having achieved something.

Address Service Requested



July/August 2011 POSTMASTER - <u>Dated Material</u> Please do not delay.

Non-Profit Organization U.S. Postage Paid Permit #3415 Ass. FL 33634

The Bereaved Parents of the USA 3805 San Juan Street Tampa, FL 33629

