



Tampa Bay Chapter

P.O. Box 7034
Brandon, Florida 33508
www.bpusatampabay.com

This month's newsletter is lovingly sponsored by the families of:

*Matthew Gallagher and
Larry Daniel Garcia*

MEETING INFORMATION

Regular Monthly SUNDAY Meeting
(held the second Sunday of the month)

Sunday November 9
6:30 PM to 8:30 PM

Candle Lighting Sunday December 12
7:00 PM to 9:00 PM (begin arrival 6:30)

St. Joseph's Hospital

Medical Arts Building, Auditorium
3001 Martin Luther King Jr. Blvd., Tampa, FL

Call Lori Scragg at 813-361-2946
for directions or information.

Regular Monthly DAYTIME Meeting

Riverview/Gibson/Brandon areas
(held the second Friday each month)

Fridays, November 14 and December 12, 2014
10:00 AM to Noon

First United Methodist Church Office Bldg
120 N Knights Ave, Brandon, FL

Call Debbie Nemitz at 813-501-9567
for directions or information.

Regular Monthly NIGHTTIME Meeting

Riverview/Gibson/Brandon areas
(normally held the last Thursday each month)

Due to the holidays they will be held
Thursdays November 20 and December 18, 2014
6:30 PM to 8:30 PM

First United Methodist Church Office Bldg
120 N Knights Ave, Brandon, FL

Call Charles L'Homme at 813-335-7628
for directions or information.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						
November 2014						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
December 2014						

**The Candle Lighting is
Fast Approaching.**

**See pages 10-11 and please
RSVP before
December 5, 2014.**

Chapter News

Angel of Hope Information

www.angelofhopetampabay.com

Located at :

*Riverside Park
201 Riverhills Drive,
Temple Terrace*

Mailing Address:

*P. O. Box 2573, Lutz, FL 33548
813.495.7539*



www.angelofhopetampabay.com/index.html

Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Debbie Nemitz (General Information

and Long Term Illness) (813) 501-9567

Sue Bowditch (Adult Child) (813) 390-9734

Theresa Farmer (Homicide) (813) 994-0707

Sandy Boehning (Grandparent) (813) 989-3255

Charles L'Homme (Accidental Death) (813) 335-7628

Barbara or Tommy Dietrich (Death of an Only Child) (813) 340-9120

Julie Woofter (Suicide) (813) 754-4848

Serena Graves (Sibling Contact) (813) 810-7169

Rita Zvada (Se Habla Espanol) (813) 961-1011

Crisis Center 211

Love Gifts

Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways.

se

PRICE ADJUSTMENT TO Sponsor A Newsletter Page

Since we no longer print the newsletter, we have decided to reduce the costs of the memorial pages. Anyone can sponsor a page in this newsletter in memory of their child. The price for a **full page is \$30** which includes photographs and your tribute to your child (poems, stories or whatever you like). You may also choose a **half page for \$15**. Your contribution supports the chapter.

As an incentive to have more help to run the chapter, we are giving all of the steering committee members one free page each year.

To sponsor a newsletter page, contact Debbie Nemitz @ 813-501-9567 or at debbie.bpnews@gmail.com. Please note that sponsorship pages are due by the 25th of the month BEFORE the publication month. We publish every 2 months.

Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.

Newsletter Articles or Contributions

Have you written a poem or article about your bereavement process? Would you like to share it in the newsletter? We are looking for article submissions every month from members of our chapter. Articles will be edited if needed. Please contact Debbie Nemitz @813-501-9567 or debbie.bpnews@gmail.com if you have any questions.

Happy Birthday Larry Daniel Garcia!



Now you have joy in heaven



the gift is your salvation



Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

November Birthdays

Bray, Debbie (Hurley)
11/14/1967 - 6/1/1990
M - Beverley (Bray) Hurley
S - Kimberly Gonzalez

Buzbee-Reeves, Devon Michael
11/16/1994 - 11/19/1994
M - Celeste Buzbee
F - Mike Reeves
B-Tristan Alan Buz- bee-Reeves

Celestey, Shaun
11/16/1980-1/3/1980
P-Vick & Paula Celestey

Colla, Aaron Dante
11/15/01 - 05/24/02
P-Amanda Colla
GP-Jana & Frank Colla
A-Danielle
B-Dylan

Decosta, Brittany
11/19/87 - 04/07/91
M - Kay Decosta

Dietrich, Jamie Rachel
11/20/1977 - 11/17/2004
P-Tommy & Barbara Dietrich

Dixon Jr., Anthony Howard
11/27/1978 - 4/1/1996
M - Brenda & Toney Dixon
B - David Dixon

Dominguez Mario
/11/1/1987/
M-Sonia Dominguez

Douglas, Christopher
11/4/1977 - 12/22/1997
M - Laren & Michael
S - Stacy & Leigh
B - Clinton

Garcia, Larry D.
11/8/1983 - 1/10/2007
M-Consuelo Rios

Hadley, Katrina
11/17/1961 - 2/4/2006
M-Grace Therman

Harless, Jessica Nicole
11/15/1988 - 5/10/2000
M - Heather Harless

Hinchey, Ronald
11/17/1974 - 12/10/1999
P - Ronald & Donna Hinchey
S - Tracy Foster

Jacobson, Nathan
11/9/1994-2/16/2008/
P-Amy & Pete Jacobson

Kelly, Amanda Jean
11/15/1986 - 7/7/1987
P-John & Brenda Kelly
S-Matthew & Ryan
GP-John Keller & Elizabeth
Kelly

Kettlety, Daniel S.
11/7/1978 - 11/10/1997
P-Wayne & Sherry Kettlety

Lind, Joshua Richard
11/9/1983 - 11/14/1999
F - Richard Lind

Loadholtz, Glenn Edward
11/25/1969 - 2/15/2005
P-George & Jackie Loadholtz
S-Gwen Walkowiak

McDonald, Brooke
11/8/1990-10/4/2008
P-Mitch & Barbara McDonald

Milam, Perry Edward
11/4/1974 - 10/1/1994
M-Nancy Milam
S-Suzanne Milam Clark

Miulli, Matthew Michael
11/27/1987-1/19/2005
P-Jim & Kathy Miulli
GP-Rudy Prehnal and
Mike & Sue Miulli

Nichols, Melissa
11/9/1982 - 9/4/2002
M-Terrena Nichols
F-Shannon Nichols
S-Brandy Nichols
B-Shannon Nichols, Jr.

Pike, Taylor K.
11/9/1985-5/14/2007
P-Bob & Connie Pike
S-Megan Pike

Rivera, Damian Elijah
11/19/2001 - 01/10/2002
M-Nicole Rivera

Robles-Greene, Brodie Shane
11/15/1996 - 11/29/1996
M - Denise Robles
F - Ronnie Greene
B - Shane

Rosas, Ricardo
11/4/1991 - 8/12/2013
M - Leticia Rosas
S - Alejandra
B- David and Daniel

Russell, Melody
11/25/1985 - 11/25/1985
M-Karron Russell
GP - Ben & Sue Bowditch
S/B - Brytani and Derak Aunts
Aunts- Catherine and Roben

Schank, Jamie
11/3/1972-10/26/2003
P- Joan Schank

Scheurich, Annabelle
11/1/2013 - 11/1/2013
M - Kate Scheurich

Shockey, Ann
11/08/56 - 04/26/70
P - Dick & Connie Shockey

Titer, Kenric
11/26/1985 - 7/2/1997
M - Jackie Mentor

Toler, Jeremiah
11/8/1985 - 11/18/2013
M - Tracy Toler

Torres, Angel Luv
11/19/1982 - 11/2/1994
P-Aida & Angel Torres
B-Nicolas Torres
GP-Pola Lespier

Walker, Nick
11/12/1983 - 1/11/2001
M - Denise Walker
GM - Shirley Walker

Wheeler, Clifford Denmark
11/1/1979 - 1/18/1996
M-Donna Wheeler
B-John, James & Duane
GP-Lynn & Marcel Baker



November Anniversaries

Arnold, Ryan
9/1/1988-11/28/2007
P-Ron & Marcia Arnold
B-Jason & Matt
GP-Charlie & Kathy Arnold,
and Allan & Florence Knopf

Baker, Brendolyn Joyce Butterfly
1/1/1948 - 11/9/1990
M - Rebeckah Mitchell
SF - Daniel Mitchell
B - Daniel Leroy Mitchell
S - Sharolyn Mitchell, Rhondolyn
Shedrick, Lerolyn Capehart, and
Angelyn Capehart

Baker, Holly K.
02/11/84 - 11/15/96
M - Evonne M. Baker

Justin, Chris
10/3/1989-11/6/2007
P-Chris Black

Bridgmon, Matt
2/11/1978-11/4/2006
M-Jean Bridgmon

Butler, Mark Anthony
7/7/1977 - 11/24/2001
P-Ray & Chris Butler
GM-Alice Butler

Buzbee-Reeves, Devon Michael
11/16/1994 - 11/19/1994
M - Celeste Buzbee
F - Mike Reeves
B-Tristan Alan Buzbee-Reeves

Chartier, Eric
9/3/1978-11/2007
P-Linda Chartier & Joe
Phillips

Chilson, Candice
10/24/83 - 11/10/01
M - Wendy Chilson

Dietrich, Jamie Rachel
11/20/1977 - 11/17/2004
P-Tommy & Barbara Dietrich

Gladen, Renee' Rose
4/21/1961-11/17/1999
S-Diana Gaden

Gray, Jay
09/07/70 - 11/09/01
M - Dee Gray

Harrigan, Kimaura
12/04/1995-11/1/2008
M-Kichma Nieves

Hines, Heather
4/28/1975 - 11/25/1998
M - Sue Hines
Kettlety, Daniel S.
11/7/1978 - 11/10/1997
P-Wayne & Sherry Kettlety

Jakabowski, Jerome (Jerry)
2/9/1971-11/5/2009
M-Marsha Schemela
B-Jason Jakabowski

Lind, Joshua Richard
11/9/1983 - 11/14/1999
F - Richard Lind

McKaughan, Michael
5/19/1989-11/3/2000
P-Darlene & Michael Lack
Sibs-Andrew McKaughan &
Lauren Lack

Moore, Vanessa
9/3/1980-11/11/2005
M-Pat Moore

Robles-Greene, Brodie Shane
11/15/1996 - 11/29/1996
M - Denise Robles
F-Ronnie Greene
S - Shane

Rogers, Dayna Andrew
3/12/1973 - 11/27/1994
M - Linda Heatherly
S - Misty Walker & Amber Roger

Ruiz, Marcus Nelson
12/29/1996 - 11/12/2000
P - Aleida & Nelson Ruiz
S - Illana

Russell, Melody
11/25/1985 - 11/25/1985
M-Karron Russell
GP - Ben & Sue Bowditch
S/B - Brytani and Derak
Aunts - Catherine and Roben

Sluder, Theresa Elaine
10/14/61 - 11/17/2008
P-Tom & Judy Sluder
S-Kathryn
B-Tom III & Keith
Children-Brandy & Brandon
Grandchildren-Romeo, Thaliana
N/N-Israel, Keith II and
Miranda

Snyder, Janna Marie
10/21/1978 - 11/11/1995
GP Marian & Paul Bullard
P - Dana & Connie Snyder
B - Jeff Snyder

Szczepanek, Daniel
6/21/1988 - 11/10/2006
M-Debra Szczepanek

Toler, Jeremiah
11/8/1985 - 11/18/2013
M - Tracy Toler

Torres, Angel Luv
11/19/1982 - 11/2/1994
P-Aida & Angel Torres
B-Nicolas Torres
GP-Pola Lespier



December Birthdays

Baker, Jennifer
12/13/1973 - 10/15/1995
P-Terry & Susan Baker

Barnes Hannah D. M.
12/28/94 - 12/28/94
P - Alfred & Sabrina Barnes

Flynn, Philip
12/17/1977-8/8/2002
M-Roseanne Flynn

Gonzalez, Miriam
12/10/1948 - 7/26/1995
P-Fernando & Paula Lespier
S-Maria , Aida & George

Hidalgo, Christopher
12/14/1989 - 7/5/2004
M-Tammy Hidalgo

Horton, Ryan
12/21/1980 - 1/23/2005
M-Sue Horton

Libby, Josalin Katherine "Josie"
12/20/11 - 1/30/12
M- Katelin Abney
F- Joseph Libby
S - Sebric Aronson

Lingefelt, Fiona
12/20/1989 - 10/15/2000
P - Karen & Douglas Lingefelt
B-Alexander & Andrew

Lovett, Sandra Sandy
12/3/1968 - 10/4/1997
M - Barbara Bryant

Martin, Amanda Louise
12/31/1971-6/19/2008
M- Toni Martin

Montagano, Anthony J. "Tony"
12/02/91 - 01/02/01
P-Luli and Jim Montagano
S-Alessandra Montagano
GP-Henry and Eloisa Valenzuela

Murphy, Mark Lawrence
12/22/1968 - 2/21/2000
M - Rosalie Baum
B - John Murphy

Nemitz, Robyn Michelle
12/28/82 - 06/16/98
P - Debbie & Bill Nemitz
B - John Nemitz
GP - Laura Nemitz

Patet, Nathan Gabriel
12/18/88 - 06/10/90
P - Maritza & Jeff Patet
S - Mallory Patet & Gina Patet
GP-Gus & Lourdes Arenas and
Don and the late Betty Patet

Peck, Trent
12/5/69 - 8/27/13
P - Bob & Sally Hoffman
F - Frank Peck

December Birthdays cont'd

Pitts, Joseph David
12/8/1971 - 7/16/1998
P - Ruth & Richard Pitts

Price, Karissa Danielle
6/19/90 - 12/8/12
P - Karen and Dan Price
S - Kaleigh
GP - Eleanor Arnold and
Jerry and Kathie Sealock

Robertson, Kristi Lee
12/15/1969 - 7/29/1994
M - Janice & Joe Robertson
S - Kathy Sanchez & Karen Demeria
GM-Mildred Trigg

Rucys, Elliott Joseph
12/19/2007-1/18/2008
P-Pete & Libbie Rucys
S-Sydney & Aiden Rucys
GP-Wynn,Cheryl,Jodi Elliott and
Joe & Sandra Rucys, Nancy Alvis

Ruiz, Marcus Nelson
12/29/1996 - 11/12/2000
P - Alcida & Nelson Ruiz
S - Illana

Sasnett, Debbie Powell
12/14/1956 - 03/31/2000
P-Jackie & Billy Powell
B-Debby & Tony
S-Penny

Thomas, Carol
12/16/1955-2/16/2003
M-Betty Thatcher
Sibs-Deb Waldfoge, Ellen Williams, on
Fran Thatcher & Gerri Hust

Waller, Lauren Marie
12/12/1990 - 4/16/2000
M - Kristine Colding & Bryan
Strahan
B-Christopher
S-Faith
GP-Joyce & Gene Waller

Williams, Paul X.
12/2/1986-12/24/2005
P-Amber & Tracy MacDonald
Sibs-Molly & Daniel Williams
GP-John & Rosemarie Binder



December Anniversaries

Antinora, Joseph A.
8/18/1967-12/9/2006
M-Susan Antinora
S-Tina Baxter
GF-Jos. Harnishfeger

Barnes Hannah D. M.
12/28/94 - 12/28/94
P - Alfred & Sabrina Barnes

Bishop, Krystal Lee
8/1/1988 - 12/24/2001
P-Pam & Rick Bishop
S-Angie Valente & Missy Bishop
B-Greg Bishop
GM-Marilyn Eddy

Bliss, Lindsay Rebecca
4/26/1977 - 12/1/1991
P - Jim & Mary Beth Bliss
S - Shannon Bliss

Booker, Michelle Elizabeth
3/25/1987 - 12/1/2004
P-Michael & Bonnie Booker
B-Justine & Dillon Booker
GP-Betty Nichols and Ed & Janice Falcon

Daly, Cole
9/9/1983 - 12/17/2001
M-Katie Brock

Darby, Marc Steven
3/25/1986 - 12/12/1998
P - Steve & Lori Darby
S - Cody, Austin, Benjamin
GP - John & Linda Darby

Donnarumma, Sophia Marie
9/1/2000 - 12/23/2004
P-Benjamin & Diane
S-Olivia
GM-Pat Donnarumma

Douglas, Christopher
11/4/1977 - 12/22/1997
M - Laren & Michael
S - Stacy & Leigh
B - Clinton

Durr, Jacob Nathaniel
7/16/1982-12/14/2009
M-Karen Durr
S-Danielle Roberts
GP-Samuel & Margaret Minton

Ellis, Douglas William
01/09/62 - 12/17/83
M - Alicia Ellis West
B-Harry Jr. & Edward Ellis

Gallagher, Matthew
8/18/92 - 12/12/11
P- Kelly & Jim Gallagher
B-Tim

Hinchey, Ronald
11/17/1974 - 12/10/1999
P - Ronald & Donna Hinchey
S - Tracy Foster

Knight, Matthew A.
9/1/1982 - 12/28/2001
P-Ron & Sandy Knight
GM-Jack & Mary Griffin &
Doris I. Knight

Lane, Catherine Novak
6/8/1957 - 12/13/2008
M- Christina Daws
B- Michael, John & Richard Lane

Lespinasse, Bryan
3/8/1991 - 12/27/2004
M-Margarett Lespinasse

O'Berry, Michael Sean
09/13/94 - 12/15/97
P - Mike & Valerie O'Berry
B - Christopher O'Berry
GM - Linda Hoffman
A - Joyce Weil
U - Mike Kasrich

Pegram, Robin Sue
03/13/73 - 12/05/93
P - Earl & Susan Pegram
S - Jodi Pegram
B - Scooter & Craig Pegram
GM-Betty Jennings

Price, Karissa Danielle
6/19/90 - 12/8/12
P - Karen and Dan Price
S - Kaleigh
GP - Eleanor Arnold and
Jerry and Kathie Sealock

Ramirez, Arthur, Jr.
6/10/1951 - 12/30/1997
M-Helen Ramirez

Schlechtly, Michael
2/5/59 - 12/4/01
P - Nancy & Vernon Schlechty
Children - Michael Leann & Morgan Lynn
B - Mark
S - Amy

Shearer, Shane
08/03/73 - 12/05/89
M - Linda Shearer
SF - Keith Gregory
S - January Shearer

Thompson, Kimberly Karlin
5/5/1976 - 12/6/1999
P - Sam & Ingrid Thompson

Weber, Barbara Jean
6/4/1953 - 12/14/1994
P - Weldon & Jean Weber
S - Kristi, Teresa, & Pamela

Williams, Paul X.
12/2/1986-12/24/2005
P-Amber & Tracy MacDonald
Sibs-Molly & Daniel Williams
GP-John & Rosemarie Binder

Woofter, Kimberly Ann.. "Kimie"
2/24/1970 - 12/25/2006
P-Julie & Steve Woofter
Children -Michael & Dystin
Sibs-Angela Huntley & Donny

Zorn, Wayne
7/15/1964 - 12/30/2006
M-Charlotte Zorn



Merry Christmas from Heaven

I still hear the songs
I still see the lights
I still feel your love
On cold winter nights.

I still share your hopes
and all of your cares
I'll even remind you
to please say your prayers.

I just want to tell you
you still make me proud
You stand head and shoulders
above all the crowd.

Keep trying each moment
to stay in his grace
I come here before you
to help set your place.

You don't have to be
perfect all the time
he forgives you the slip
if you continue to climb.

To my family and friends
please be thankful today
I'm still close beside you
in a new special way.

I love you all dearly
now don't shed a tear
cause I'm spending my
Christmas with Jesus this year

By John Mooney



With the holidays come more difficult days. We always miss our children, but it seems that when there are holidays and other special occasions, that their absence is more deeply felt. Holidays mean family get togethers and yet a very important person is missing. It is easy to let depression come in. We must try our best to offset it by thinking of those special times we enjoyed with our children.. We must determine how we choose to celebrate the holidays now. When there are other young children then you probably have to continue the normal festivities, but when there are no longer young children, many choose to make new traditions. We wish you peace during this holiday season.

Debbie Nemitz

Please make sure to note that we are already planning for the Candle Lighting. The information is on pages 10-11. We want to emphasize the need to RSVP this year if you are planning to attend. We will be deleting many of the pictures in the slide show since so many last year didn't have anyone in attendance. Please spread the word that if people want their childrens' pictures in the presentation, then they **need to RSVP**. Thanks and looking forward to seeing many of you in attendance.

ONGOING FUNDRAISERS

We have added a new page to our website and to our newsletter. It will be for ongoing fund raisers. There are already a couple of companies who have an ad and will be making a donation to Bereaved Parents when their items are purchased. If any of you have businesses and would like to advertise, please get in touch with Debbie by calling 813-501-9567 or emailing debbie.bpnews@gmail.com.

Please check out the first two companies who are participating. There is more information on our site.



Please check this page out. The link on our website will take you to their website where you can order one of these very well made, soft, beautiful angels with long arms and a Velcro closure so they can actually hug you. Be sure to go through the link on our webpage so that Bereaved Parents gets the generous amount being donated with each purchase.

Thanks to those who have ordered from Heavenly Hug. We appreciate your support.

<http://www.bpusatampabay.com/>



You can get to Deb's Soy Candles, Cards and More through the BP website. You can also go directly to www.debssoycandles.com. Candles make a great gift and with the holidays approaching, consider ordering custom soy candles. You choose the container, color and fragrance.



Listen to ***“Hope, Healing & Help”*** every Saturday from 11:00 til noon Pacific Time on KFIA 710AM Sacramento or www.kfia.com. Can't listen in at that time? All of their programs are available to listen to on their website, www.hopehealinghelp.com.

We thought that we would share with you some of the other things that Bereaved Parents is involved with. Charles L'Homme is the Coordinator of our Outreach program which deals with a bi-monthly program with the Hillsborough County 13th Judicial Youth Diversionary Program (Shock program) and a speaking event at USF College of Mental Health. The program with Hillsborough County is designed to show youth who are in trouble with the law that they need to make better choices and turn their lives around. They have several weeks with different "lessons" at various places. We participate when they come to visit a funeral home in the Tampa area for their final lesson. Charles and a couple of other speakers talk to them about choices and how bad choices can affect them in the future. This is a program where the youth will face a Judge at the end of the 8 weeks and have to prove their worthiness to graduate.

The USF program is one that we visit twice a year to talk to a medical class. The speakers share about their loss and the impact it has had on their lives and the lives of their family. This is in an effort to help the students who will be dealing with the public as medical personnel have an understanding of the effects of the loss of a child on a family and help them to be more compassionate when faced with that situation. Below you can see some pictures when we were last at USF.

If anyone knows of a program that needs speakers for their events, please contact Charles L'Homme at 813-335-7628 or official28@aol.com

Charles L'Homme



Charles L'Homme speaking to class at USF on 10/28/14



Jackie Mentor shares her story



Charles, Lori Scragg, and Jackie with the Professor

2013 Candlelight Ceremony (December 14) Participation Form

(Please return this registration by December 5 to have your child's name / picture appear in the Program. Send to: BP/USA, c/o Lori Scragg, 1105 Fredrick Ln. Brandon, fl 33511

I (family) will be attending the service on December 14, and will light a candle in remembrance of my child/children

Number of people attending _____

I have enclosed a picture for the Presentation OR Please use the picture from last year's Presentation.

I will be unable to attend the service, but would like to have a candle lit in memory of my child /children.

NOTE: Due to time restraints, **only picture for parents ATTENDING the Ceremony will be shown.**
Thank you for understanding.

Child's name: _____

Date of Birth: _____ Date of Death: _____

Son or Daughter of _____ Sister or Brother

of _____

Grandson or Granddaughter of _____

I would like to furnish _____ for the reception.

NOTE: Please try to furnish food (sandwiches, salads, deviled eggs, etc.) since we seem to have an abundance of desserts.

I am enclosing a donation in the amount of \$ _____ in memory of my child / children.

I would like to donate ___ poinsettia(s) in the amount of \$10.00 each in memory of my child / children to be used for decorating at the Candle Lighting. (you may take it (them) home afterwards)

Your Name _____

Address/Zip: _____

Telephone Number: _____

December 14, 2014 Candle Lighting Remembrance Ceremony

Bereaved Parents of the USA, Tampa Bay Chapter, will hold its annual Candlelight Remembrance Ceremony at 7 PM. on Sunday December 14, 2013. (Please begin to arrive by 6:30 PM so that we can begin the program on time at 7). The ceremony will be held in The Medical Arts Building (MAB) Auditorium at St. Joseph's Hospital in Tampa. This day is also the Children's Worldwide Candle Lighting event (created and shared by TCF) where candles will be lit around the world in memory of all children that have died in every time zone starting at 7:00 PM. Please join us in this beautiful tribute to our children. Any bereaved parent or family member and friends are invited to participate. For those of you who are newly bereaved, we encourage you to attend. This service can make handling the holiday season a little easier.

KEEPSAKE VOTIVE - Each family who attends will light a candle in honor of their child and take the candle home to light throughout the holidays. Due to a decrease in the amount of donations we have received, we are asking for a donation of \$1.00 per person. *

RECEPTION -We will have a reception following the ceremony, and we invite you to bring if possible, your child's favorite food (i.e. vegetables, chips, snacks, sandwiches, etc.) to share with others. We normally have an abundance of desserts.

PICTURE PRESENTATION-A Special Slide Picture Presentation of our beautiful Children! If you are planning to attend our Candle Light Ceremony, mail a picture of your child, and include their full name as you want it displayed on the slide presentation and also the birth and death dates, to: Lori Scragg, 1105 Fredrick Lane, Brandon, FL 33511.

¹¹⁰⁶

NOTE: Due to time restraints, only pictures of children whose parents are attending the Ceremony will be shown. Thank you for your understanding.

Picture should be of your deceased child only. If your child's picture was included in previous year's candle lights, any of the National Gathering closing ceremonies, or Chapter Newsletters and you want to use the same photo, just let Debbie Nemitz know that. Pictures mailed in will be returned to you at the Candle Light Service - please pick them up at the registration desk. You can scan the picture yourself and email to debbie.bpnews@gmail.com, but please be sure it is at least 600 dpi.. If you have any questions, please call Debbie Nemitz at 813-501-9567.

BUTTONS- We have the equipment to make picture buttons. Bring a picture no smaller than 3" x 5" and picture will be cut and become the button. Buttons are round and measure approximately 2.25" in diameter. Cost per button is only \$3.00. (picture wanted in button should have plenty of space around it)

BOUTIQUE-There will be an Angel / Butterfly Boutique to purchase holiday items or gifts. All items are donated and all proceeds benefit your local BP/USA Chapter. To donate items, please call Lori Scragg at 813-361-2946 or you may choose to bring them with you.

PARTICIPATION FORM-For planning purposes, or to ensure your child's name appears in our candle lighting program, or if you wish to have a candle lit for your child in your absence, please complete and submit the form attached and send it in before December 5 to: BP/USA Tampa Bay Chapter, c/o Lori Scragg, 1105 Fredrick Lane, Brandon, FL 33511

* If you have votives from previous years that you would like to donate, please get in touch with us so that we can plan accordingly. You may call either Lori at 813-361-2946 or Debbie at 813-501-9567.

Matthew Gallagher

8/18/92 to 12/12/11



His memory is as dear today as in the hour he passed away.

Unknown



**We Love and Miss You Very Much!
Mom, Dad, Tim, and
All your family and friends.**

Coping with Grief During the Holiday Season

By [Alice Wisler](#)

Bereavement Specialist

Coping with grief during the holiday season can be exhausting. Holidays tend to bring out cherished memories and make you miss your loved ones that much more.

The Holidays and Grief

If you have experienced the loss of someone you love, the days following his or her death are long and hard. Yearning for the person takes much of your time. As you anticipate life without them during Thanksgiving, Christmas and New Year's Day, you may wonder if you will be able to handle the holidays. What will these special times be without their presence? How will you get through them?

Advice on Coping with Grief During the Holiday Season

Experts and those who have been through the holidays without a loved one give advice on what you can do. Ponder on the following suggestions:

- **Be realistic.** The holiday season is going to be different and possibly not at all festive in your mind without your loved one. You might experience anger or frustration, along with intense sorrow.
- **You do not have to do it all.** Perhaps in the past you were the one who made the lavish meal at Thanksgiving or had all the grandkids over at Christmas. The first years, and especially the first year of holidays without your loved one might, be a time for you to curb the many activities you once did. You may not have the energy to cook, bake, or entertain. Let someone else do the work.
- **Create a new tradition that encompasses your loved one's memory.** This can be done by lighting a candle in his or her memory at the meal time, or by having each one around the dinner table share a short story about the deceased.
- **There is no right or wrong.** Handle the holidays the best you can. If you choose not to participate in a particular service or outing due to your grief, do not judge or be critical of yourself.
- **Take care of you.** Be sure to eat healthy meals and get the rest you need. If journaling your thoughts or emotions helps, buy a journal and pen your feelings. Writing is therapeutic for many.
- **One day at a time.** You will survive the holidays without your loved one. One day the season will end and you will see that you lived through each day. What an accomplishment!

http://dying.lovetoknow.com/Coping_with_Grief_During_the_Holiday_Season

Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA.
We Welcome You.

The life of the dead is
placed in the memory
of the living.

Marcus Tullius Cicero

Address Correction Requested

October-November 2013
POSTMASTER - Dated Material
Please do not delay.

The Bereaved Parents of the USA
P.O. Box 7034
Brandon, FL 33508

