



## Tampa Bay Chapter

P.O. Box 3226  
Tampa, Florida  
33601-3226

[www.bpusatampabay.com](http://www.bpusatampabay.com)

### MEETING INFORMATION

#### **Regular Monthly SUNDAY Meeting**

(held the second Sunday of the month)

**Sunday, Sept. 9, 2012**

**6:30 pm**

**St. Joseph's Hospital**

**Medical Arts Building, Auditorium**

*3001 Martin Luther King Jr. Blvd.*

*Call Linda Delk at 813-661-0680*

*for directions or information.*

#### **Regular Monthly DAYTIME Meeting**

**Riverview/Gibson/Brandon areas**

(held the second Friday each month)

**Friday, Sept. 14, 2012**

**10:00 a.m. to Noon**

**The Greater Brandon Chamber of Commerce**

*330 Pauls Drive, Brandon, Florida 33511*

*Please call Linda Delk at 813-661-0680*

*for directions or information.*

#### **Regular Monthly PLANT CITY Meeting**

(Normally held the first Wednesday of each month)

**Wednesday, Sept. 5, 2012**

**7:00 to 9:00 p.m.**

**South Florida Baptist Hospital**

*301 N. Alexander Street, Plant City*

*in the Community Conference Room*

*Call Janice Falcon at 813-997-1709*

*for directions or information.*

*This month's newsletter lovingly sponsored by  
the families of:*

*Malena Rose Cooley*

*Derek Landes Holmberg*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30			<b>September 2012</b>			

**Remember  
Grandparents Day  
Sunday,  
September 9**

*"I know I'll see the sun shine bright  
upon my baby's face....  
When I finally get to heaven,  
all my pain will be erased.*

*We'll soar the skies together,  
as angels two by two.  
We'll have a sweet reunion,  
this mother's dream come true!"*

*~Unknown*

**Bereaved Parents/USA National Office**  
**Post Office Box 95, Park Forest, IL 60466**  
**Phone/Fax: (708) 748-7866**  
**[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)**

# Chapter News

## Angel of Hope Information

[www.angelofhopetampabay.com](http://www.angelofhopetampabay.com)

*Located at:*

*Riverside Park  
201 Riverhills Drive,  
Temple Terrace*

*Mailing Address:*

*P. O. Box 2573, Lutz, FL 33548  
813.495.7539*



[www.angelofhopetampabay.com/index.html](http://www.angelofhopetampabay.com/index.html)

## Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Linda Delk (General Information)	(813) 661-0680
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Sue Bowditch (Adult Child)	(813) 390-9734
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Theresa Farmer (Homicide)	(813) 994-0707
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Traci Cooley (Drowning)	(813) 464-4525
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Ron Ellington (Suicide/Grandparent)	(727) 410-2308
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Charles L'Homme (Accidental Death)	(813) 335-7628
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Debbie Nemitz (Long Term Illness)	(813) 907-1441
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Barbara or Tommy Dietrich (Death of an Only Child)	(813) 340-9120
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Serena Graves (Sibling Contact)	(813) 810-7169
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Violeta "Cookie" Fernandez (Se Habla Espanol)	(813) 996-4281
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<b>CRISIS CENTER</b>	<b>211</b>
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## Love Gifts

### Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways.

### Sponsor A Newsletter Page

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$55 or a half page for \$30 which includes one black and white scan of one photograph and your tribute to your child, which can include poems, stories or whatever you like. Your contribution supports the chapter and helps pay for the costs associated with the newsletter.

To sponsor a newsletter page, contact Traci Cooley at 813-464-4525 or [bpusatampabay@gmail.com](mailto:bpusatampabay@gmail.com). Please note that sponsorship pages are due by the 15th of the month BEFORE the publication month. **Payments should be sent to: BP USA Tampa Bay, PO Box 3226, Tampa, FL 33601-3226**

### Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.

### Newsletter Articles or Contributions

Have you written a poem or article about your bereavement process? Would you like to share it in the newsletter? We are looking for article submissions every month from members of our chapter. Articles will be edited if needed. Please contact Traci Cooley at 813-464-4525 or [bpusatampabay@gmail.com](mailto:bpusatampabay@gmail.com) if you have any questions.

### *If I Could Bottle All the Pain*

*If I could bottle all the pain, all the sorrow and the tears  
if I could bottle the suffering I've endured these years...*

*Then perhaps you'd understand, or at least it would show  
the load of grief I carry, no one could ever know.*

*If a bottle were strong enough to hold the crushing flow  
of heartache and tears I carry here below...*

*Then perhaps you wouldn't judge me when grief is raging wild  
for I'm trying to find a living place without my darling child.*

*If a bottle could contain such magnitude of sorrow  
then others might understand I don't know about tomorrow.*

*God called for my child to leave this earth below  
and I've learned more about heartache... than I ever wanted to know.  
~Charlene Dickerson~2003*

### **Grandparents Grief ~**

Adapted from When Grandparents Experience the Death of a Grandchild  
by Debbie Weir

"We hurt twice. We hurt for our children because they are our children. Plus, we hurt for the grandchild we lost." –A grandmother

Grandparents who experience this double-edged grief don't have to suffer in silence. They can be a tremendous source of strength for their children, while helping themselves along in their own healing journey.

**Listen to your bereaved child** - Bereaved parents need to talk about their child, and they need someone who will listen and not feel uncomfortable.

**Talk about your grandchild** - Talking about your grandchild tells your child that you care. If tears come, it's because they're sad, not because their child's name was brought up. It can be painful, but talking about the child is healing and therapeutic.

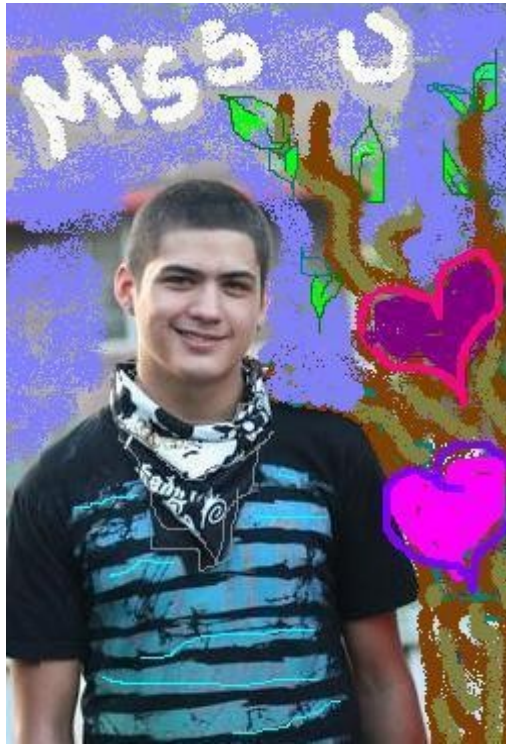
**Consider your needs and those of your bereaved child** - Grandparents often are referred to as "the forgotten grievers." A grandparent's grief may not be recognized by his or her own child or others, but it is definitely there. It is vital for bereaved grandparents to give themselves permission to grieve and to focus on their own needs.

**Survival guilt and anger** - No one expects to outlive his own children, much less his grandchildren. In fact, grandparents often experience survival guilt because it seems unnatural for a grandparent to outlive his or her grandchild, and they often express the wish that they "could change places" with the deceased child.

Read the full article @ <http://www.letlifein.com/articles/when-grandparents-experience-the-death-of-a-grandchild/>

***HAPPY BIRTHDAY!***

**DEREK LANDES HOLMBERG**



September 8, 1990 - September 14, 2011

Derek was like a comet that burned brightly, streaking across our sky, leaving a trail of love, memories, and now tears for those he left behind.

*Missed as much today as the hour he went away....*



# Malena Rose Cooley

March 23, 1998 - September 4, 2000



I watched your brother and sister's leave for school today realizing that today you would have started high school. How my heart broke wishing I could see you go off to school with your siblings. Some days it is those small things that I have missed with you that are just so big. As time marches on and the days have become years, it just magnifies the many things our family has missed with you since you died.

Missing you today as another year goes by.  
You are loved forever and never forgotten.



## Our Children . . . Remembered

*So long as we live, they too shall live ... For they are a part of us as we remember them.*

### September Birthdays

Arnold, Ryan  
9/1/1988-11/28/2007  
P-Ron & Marcia Arnold  
B-Jason and Matt  
GP-Charlie & Kathy Arnold, Allan  
& Florence Knopf

Brady, Mark A.  
09/27/57 - 01/03/89  
M - Margaret Brady  
S -Margaret J. Bruner  
B - Hayward L. "Bubba" Brady, Jr.  
GP-Wallace & Josephine Bagley  
and Wm. & Cinderalla Brady

Cash, Christopher  
9/13/1977 - 8/23/2004  
M-Rita & Thomas Zvada  
F-Charles & Mika Cash  
Child-Leah Cash  
B-Charles Cash II  
GP-Gustavo & Ida Arencibia

Castellano, Lina  
9/15/1966 - 2/20/2004  
P-Sam & Jean Castellano

Cepero, Caylee Marie  
9/3/2000 - 3/8/2005  
P-Dawn and Lee Cepero  
B-Corbin  
S-Kennedy  
GP-Sandy Boehning

Daly, Cole  
9/9/1983 - 12/17/2001  
M-Katie Brock

Dechant, Matt  
9/26/1984—4/14/2007  
F-Tom Dechant

Donnarumma, Sophia Marie  
9/1/2000 - 12/23/2004  
P-Benjamin & Diane  
S-Olivia  
GM-Pat Donnarumma

Eddy, Steven  
9/16/1960 - 7/9/2008  
M-Marilyn Eddy  
S-Pam Bishop & Tammy Eddy  
B-Sonny  
N-Angie Valente & Missy Bishop

Funk, Benjamin  
9/9/1976 - 6/25/2001  
P - Mr & Mrs Funk

Gould, Richard J.  
9/26/1981 - 3/3/2001  
M-Cindy Phelps-Wise  
F-Ralph Gould  
B-Ryan, Bryan & Mark  
S-Karen

Gray, Jay  
09/07/70 - 11/09/01  
M - Dee Gray  
Holland Jeffrey K. Moses  
9/10/1986-7/7/2009  
P-Thomas & Donna Holland and Henry  
Moses  
Sibs-Derrick & Logan  
GP-Beverly Cash, Joan & Steve Holland

Christopher Shawn Kelley  
09/07/1972 - 5/26/2012  
M - Patricia L. Kelley  
F - Harry J. Kelley  
SM - Donna Kelley

Knight, Matthew A.  
9/1/1982 - 12/28/2001  
P-Ron & Sandy Knight  
GM-Jack & Mary Griffin & Doris I.  
Knight

Kushner, Jonathan  
09/13/62 - 10/28/73  
P - Lorraine & Gil Kushner  
B-Andy & David

Lane, Jim  
9/7/1966 - 1/2/2005  
M-Carol Lane

Mart, Aaron Paul  
09/24/96 - 09/11/99  
P - Hank & Donna Mart  
B - Daniel  
GP-Betty & Trevor Harvey,  
Michael & Iris Willsher, Gene &  
Mim  
Morrill, Daniel  
9/30/1972 - 9/8/2007  
M-Amelia Lubrano  
O'Berry, Michael Sean  
09/13/94 - 12/15/97  
P - Mike & Valerie O'Berry  
B - Christopher O'Berry  
GM - Linda Hoffman  
A - Joyce Weil  
U - Mike Kasrich

O'Neil, Clark Dean  
9/1/1962 - 10/24/2004  
P-Larry and Jeanne O'Neil  
B-Kevin & wife Rene'  
S-Kitty & husband Joseph; Jenni-  
fer & husband Randy

Peel, Matthew Shane  
9/9/92 - 9/9/92  
A - Beth Biggs U- Eddy Biggs  
GM - Patricia Campbell

Perrotti, Paul  
9/5/1969 - 9/25/1995  
F - Donald J. Perrotti

Will, Madison Kathleen "Madi"  
9/2/1995 - 10/4/1995  
P - Carl & Lisa Will  
S - Megan & Rachel Will  
B- Zachary & Seth Will

Williams, Travis Aaron  
9/11/1979 - 4/19/2000  
P - Bill & Linda Williams  
GP - Loretta Ayers, Raymond Ayers  
& Edna Williams

### Our Apologies

*The following name was omitted  
from  
August Birthday and Anniversary  
list:*

Jason Asci  
8/19/1979-2/7/2008

### Our Apologies

*The following name was omitted from  
past Birthday and Anniversary list:*

Andrew Glenn Butler  
1/8/2009-6/4/2009  
GP-Rosemary Perry



***You must contact us to have your child's name added to the newsletter, they are not automatically added. If we have omitted your child, misspelled your child's name, or listed incorrect dates, please accept our apologies and contact***

***Traci Cooley at [bpusatampabay@gmail.com](mailto:bpusatampabay@gmail.com) or 813-464-4525 to correct the information.***

***Any errors are unintentional and we sincerely apologize in advance.***

***Call any of our telephone friends if you are having a hard time on these days.***

***We truly understand your pain; for we, too, remember our own children.***



## Our Children . . . Remembered

*So long as we live, they too shall live ... For they are a part of us as we remember them.*

### September Anniversaries

Carter, Cassandra D. "Casie"  
2/22/1982 - 9/28/1999  
P-Ted & Gayle Carter  
B-Justin Carter  
GP-Luna Carter

Cooley, Malena Rose  
3/23/1998 - 9/4/2000  
P - Scott & Traci Cooley  
B - Nolan  
S - Madelyn & Olivia

Gereae, Ryan  
5/20/1987-9/12/2008  
M-Laurie Gereae

Gravette, Austin Lee  
8/31/1993-9/26/2009  
P-Randy & Pamela Gravette  
S-Jessica Lynne Beauchamp  
GP-Oscar & Penny Rodriguez

Harris, Eric Michael  
2/4/1984 - 9/12/2003  
P-Mike & Pam Harris  
B-Mark  
GM-Joan Matthews & Verna Harris

Henry, Sumara Raquel  
07/12/88 - 09/18/93  
P - Louis & Cindy Henry  
GP-James & Ruby Reese & Bernice Henry

Horst, Trey  
4/16/1974 - 9/8/2000  
P - Art & Linda Horst  
B-Todd & Thad  
S-Trisha & Tammy  
Kowall, Spec. Corey J.  
2/1/1989-9/20/2009  
M-Kelly Kowall  
Sibs-Kyla & Kristen  
GP-Marshall & Marty Schoeff

Kenefick, Aaron Michael  
2/5/1979-9/8/2009  
M-Susan Price  
Sibs: Jacque & Jade  
GM-Carol Price

Lowe, Anna  
1/30/1994-9/30/2007  
M-Beth Lowe

Mart, Aaron Paul  
09/24/96 - 09/11/99  
P - Hank & Donna Mart  
B - Daniel  
GP-Betty & Trevor Harvey,  
Michael & Iris Willsher, Gene & Mim

McMillion, James Christopher  
7/26/1984 - 9/26/2003  
GP-Ralph & Martha Hamilton

Metallo, Armando  
5/3/1984 - 9/15/2005  
P-Angelo & Luisa Metallo  
S-Ana, Angelo, Luisa, & Joe Metallo  
GP-Armando & Ana Metallo and Graciela & Dorotheo Martinez

Mink-Miller, Deborah  
3/26/1965 - 9/27/1991  
M-Diane Mink  
S-Renee Mink Crosby

Morrill, Daniel  
9/30/1972 - 9/8/2007  
M-Amelia Lubrano  
Nichols, Melissa  
11/9/1982 - 9/4/2002  
M-Terrena Nichols  
F-Shannon Nichols  
S-Brandy Nichols  
B-Shannon Nichols,Jr.

Peel, Lee Anna Campbell  
8/5/1972 - 9/9/1992  
M - Patricia Campbell  
S - Beth Biggs  
B - Eddy Biggs  
GP - Estele & James Carleton

Peel, Matthew Shane  
9/9/92 - 9/9/92  
A - Beth Biggs U- Eddy Biggs  
GM - Patricia Campbell

Perrotti, Paul  
9/5/1969 - 9/25/1995  
F - Donald J. Perrotti

Pippin, Shawn  
10/16/1984 - 9/16/2002  
M-Anita Pippin

Pispitos, Richard John  
01/23/72 - 09/14/98  
P - Catherine Webb & Philip Finkelstein  
S - Michelle Webb  
GP-Anne & Owen Beglane

Rainey, Wendy Michelle Price  
3/7/1968-9/27/2006  
M-Shelia Farmer  
B-Peter Price  
S-Emily Furst  
Roberts, J. Michael  
5/31/1963 - 9/25/2002  
M-Ann Roberts Mitchel  
GP Merle H. Brunson

Russell, Karon Michelle  
1/20/1967 - 9/12/2000  
P - Ben & Sue Bowditch and Children - Brytani, Derak & Melody Sisters - Catherine, Roben & Laurie Bobby Jr. & Scott  
GP-Cathren Dickerson and Jimmy & Kay Senseney

Schulman, Adam J.  
6/7/1971 - 9/26/2004  
M-Pat Schulman  
Freddie Kelly Jr. and Kenny Schulman

Scragg, Keith Joseph  
8/4/1986 - 9/5/2008  
P-Richard & Lori  
Son-Macklin  
B-Matthew  
S/O-Emily Popke

Smith, Clay Daniel  
10/24/1967 - 9/30/1996  
P-Francia & Chuck Smith  
B - Jed & Kyle

Thornton, Teresa E.  
01/12/66 - 09/24/81  
P - Ken & Mirta Thornton  
S - Lisa Buckner  
B - Nick Thornton  
GP-Tony & Berneda Pino



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Call any of our telephone friends if you are having a hard time on these days.  
We truly understand your pain; for we, too, remember our own children.***



## The Wound That Time Does Not Heal ~ Traci Cooley

I have always heard the saying "time heals all wounds". I fully believed this to be true until Malena died. There are "normal" expected types of death that we as humans anticipate in a subconscious way. We expect our grandparents to die, we even realize that one day our parents will die. We do not look forward to these events as a matter of fact most of us refuse to even think about them, sometimes the we love die far too early in our lives. But the death of my child never entered my mind.

Never did I imagine that I would have to live the reality of not outliving one of my children until that awful day twelve years ago. In the beginning people said things to me that did not make much sense: she is in a better place, God needed another angel or she can watch you from heaven now. But the thing that so many people said was "time heals all wounds"; in time you'll feel better. I have come to realize that as a bereaved parent this isn't really the truth. My grief has certainly changed through the years: I do not cry constantly, I do not have a compulsion to go to the cemetery on a regular basis, I do not look around for a fourth child on outings regularly but my *heart* is still broken.

I still cry at random times for reasons that at times do not even make sense to me. I do on occasion look for my fourth child in a crowd and I do miss her regularly. I think my heart has healed to the point I know I can survive the worst thing I have ever or could ever experience. Time has changed my grief from an all consuming thing to waves of grief but my heart will not be completely healed until I am reunited with my child.

### **Grief can be a roller coaster**

Instead of a series of stages, we might also think of the grieving process as a roller coaster, full of ups and downs, highs and lows. Like many roller coasters, the ride tends to be rougher in the beginning, the lows may be deeper and longer. The difficult periods should become less intense and shorter as time goes by, but it takes time to work through a loss. Even years after a loss, especially at special events such as a family wedding or the birth of a child, we may still experience a strong sense of grief..

Source: [\*Hospice Foundation of America\*](#)



# Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

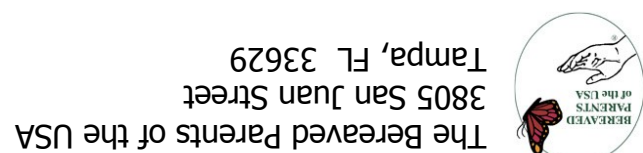
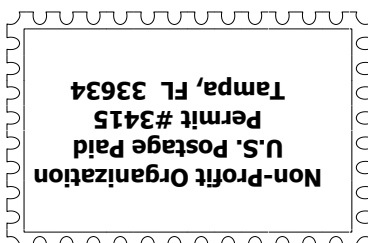
We are the Bereaved Parents of the USA.  
We Welcome You.

## WHAT CAN YOU DO TO HELP OUR LOCAL CHAPTER??

- ◆ Serve as a greeter at monthly meetings;
- ◆ Arrive early to help set up chairs and tables (or make coffee);
- ◆ Volunteer to bring a refreshment to share;
- ◆ Arrive early and put out library books or stay late to pack up our library books;
- ◆ Visit a newly bereaved parent, inform them about our support group and bring them to their first meeting;
- ◆ Give a LOVE GIFT DONATION in memory of your child on their birth date or anniversary date;
- ◆ Sponsor our newsletter and create a page in memory of your child; for more information see page 2;
- ◆ Write an article for our newsletter or share a poem you have written (i.e. Father to Father);
- ◆ Make a book donation to our Library in memory of your child (if the book helped you, it may help others).

**Please call Linda Delk at  
813-661-0680**

**Address Correction Requested**



**September 2012**  
**POSTMASTER - Dated Material**  
Please do not delay.