

# Tampa Bay Chapter

P.O. Box 7034
Brandon, Florida
33508
www.bpusatampabay.com

## **MEETING INFORMATION**

Regular Monthly SUNDAY Meeting
(held the second Sunday of the month)
Sundays, July 9 and August 13, 2017
6:30-8:30 PM
St. Joseph's Hospital
Medical Arts Building, Auditorium
3001 Martin Luther King Jr. Blvd., Tampa, FL
Call Lori Scragg at 813-361-2946

for directions or information.

Regular Monthly <u>DAYTIME</u> Meeting Riverview/Gibsonton/Brandon areas (held the second Friday each month) Fridays, July 14 and August 11, 2017 10:00 AM to Noon New Hope United Methodist Church 121 N Knights Ave, Brandon, FL Call Debbie Nemitz at 813-501-9567

Call Debbie Nemitz at 813-501-9567 for directions or information.

Regular Monthly NIGHTIME Meeting
Riverview/Gibsonton/Brandon areas
(held the last Thursday each month)
Thursdays May 25 and June 29, 2017
6:30 PM to 8:30 PM
New Hope United Methodist Church
121 N Knights Ave, Brandon, FL
Call Charles L'Homme at 813-335-7628

(note: We are now meeting in the Church building rather than the office building)

for directions or information.

This newsletter is lovingly sponsored by the families of:
Matthew Gallagher,
Keith Joseph Scragg,
Lisa A. Wilson

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23	24	25	26`	27	28	29
30	31		J	uly 2	2017	

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The summer is here and it is hot. I can tell you that because I just spent a week without air conditioning in my home. That is why this newsletter is so late. My computer didn't like the heat and when it began making noise I turned it off and left it off.

Before we know it, the school year will be upon us. I always find that to be a more uncomfortable time for those of us who lost children who were younger and going to school. We still think of our child at that age and miss not having to do the back to school shopping. We all miss our children regardless of their age and cause of death. Debbie

# **Chapter News**

#### Angel of Hope Information

www.angelofhopetampabay.com Located at: Riverside Park 201 Riverhills Drive, Temple Terrace Mailing Address: P. O. Box 2573, Lutz, FL 33548 813.784-6929



www.angelofhopetampabay.com/

#### **Telephone Friends**

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

#### Debbie Nemitz (General Information

and Long Term Illness)	(813)	501-9	9567
Sue Bowditch (Adult Child)	(813)	390-9	9734
Theresa Farmer (Homicide)	(813)	994-0	0707
Sandy Boehning (Grandparent)	(813)	989-3	3255
Charles L'Homme (Accidental Death)	(813)	335-7	7628
Barbara or Tommy Dietrich (Death of	(813)	340-9	9120
an Only Child)			
Julie Woofter (Suicide)	(813)	754-4	1848
Serena Graves (Sibling Contact)	(813)	810-7	7169
Rita Zvada (Se Habla Espanol)	(813)	961-2	1011
Crisis Center	211		



#### Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways.

## PRICE ADJUSTMENT TO Sponsor A Newsletter Page

Since we no longer print the newsletter, we have decided to reduce the costs of the memorial pages. Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$30 which includes photographs and your tribute to your child (poems, stories or whatever you like). You may also choose a half page for \$15. Your contribution supports the chapter.

As an incentive to have more help to run the chapter, we are giving all of the steering committee members one free page each year.

To sponsor a newsletter page, contact Debbie Nemitz @ 813-501-9567 or at debbie.bpnews@gmail.com. Please note that sponsorship pages are due by the 25th of the month BEFORE the publication month. We publish every 2 months.

#### Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.

#### **Newletter Articles or Contributions**

Have you written a poem or article about your bereavement process? Would you like to share it in the newsletter? We are looking for article submissions every month from members of our chapter. Articles will be edited if needed. Please contact Debbie Nemitz @813-501-9567 or debbie.bpnews@gmail.com if you have any questions.

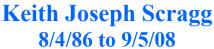
# Happy Birthday Keith!











Happy 31st Birthday!

We love you,

Mom, Dad, Matt, & Macklin







# Our Children . . . Remembered

# So long as we live, they too shall live ... For they are a part of us as we remember them.

#### **July Birthdays**

Banda, Selena 7/6/2002 - 3/4/2004 P - Richard & Susan Banda

Buth, Andy Armstrong 7/21/1985 -10/15/2010 F - Joseph Buth M - Karen Olson

Butler, Mark Anthony 7/7/1977 - 11/24/2001 P - Ray & Chris Butler GM - Alice Butler

Corbett, Shaun 7/8/1985 - 4/23/2003 M - Ellen Corbett

Durr, Ssgt. Jacob Nathaniel 7/16/1982 - 12/14/2009 M - Karen Durr S - Danielle Roberts GP - Samuel & Margret Minton

Engdahl, Andrew 07/15/87 - 02/05/94 P - Rick & Vicky Engdahl S - Stephanie Engdahl B - Joey Engdahl

Finchum, Tommy 07/10/75 - 05/06/94 P - Pete & Joyce Finchum B - John Finchum Griner, Matthew Ian 7/10/1985 - 10/27/2006 P - George & Barbara Griner

B - Daniel & Kurt GP - Bill and Ann Griner

Henry, Sumara Raquel 07/12/88 - 09/18/93 P - Louis & Cindy Henry GP - James & Ruby Reese & Bernice Henry

Hester, Debbie 7/25/1998 - 10/14/61 P - Buddy & Sue Butler

Knox, Patricia Lynn 7/27/1964 - 10/21/1997 M - Shelby Jean McClure

Lalis, Timothy 07/29/1996 - 07/11/2001 P - Gregg Lalis & Elisabeth Schulten B - Andrew & Klaus Lalis

Leyde, Darek 7/17/1967 - 4/23/2003 P - Vern & Julie Leyde S - Traci Gainforth

McMillion, James Christopher 7/26/1984 - 9/26/2003 GP - Ralph & Martha Hamilton Roberson, Richard Joseph 07/23/1959 - 06/02/1997

P - Richard & Jeannette Roberson

S - Sue & Shelby

B - Randy

Russo-Afeld, Angela Musette 7/10/1969 - 7/21/1996 M - Lillian Wiebeld F - Dick Russo

B - Rick and Nelson Russo

Shelton, Emma Victoria

7/8/2003 - 5/8/2005 M - John & Jennifer Shelton Sibs - Jacob & Hannah GP - Peg & Jim Bishop,Tom Musolin,

Art & Sam White, Rober & Judy

Slaven, Minnie Leona 7/10/1972 - 8/11/2000 M - Della LaGrone P - Delbert & Catherine Slaven

S - Charlotte, Della, Betty, Lynn, Amelia & Sue B - Ronnie, Jack, Del, & Delbert Jr.

Steen, Donald Kenneth 7/25/1960 - 7/26/1960

M - Nancy Holdren
B - Richard, David & Michael

Supple, Bart Patrick 07/25/59 - 02/14/94 P - Bart & Toni Supple Tarez, Kami 7/1/1980 - 3/1/2006 M - Leigh Tarez

Vallee, Scott Gerard 7/4/1974 - 7/10/2004 P - Gerry & Louise Vallee S - Kama Vallee GP - Roy & Mabel Parsons Spouse - Jessica Vallee

Webb, Eric Richard 7/1/1985 - 4/2/1999 P - William & Kathleen Webb B - David Webb

Wright, Travis 7/16/1973 - 6/15/2001 M - Joan Wright

Young, Billy 7/14/2003 - 4/17/2006 P-Bill & Sandy Young

Zorn, Wayne 7/15/1964 - 12/30/2006 M - Charlotte Zorn



## July Anniversaries

Boyd, Anastasia "Nicole" 5/4/1998 - 7/8/2004 P - Anita Dennert & Thomas Boyd Sibs - Tara Lewis, Mike Boyd, Alan Boyd GP - Huey & Marie McDonald, Angus & Jewell Howell & Angus Grace

Brown, Linsey 9/29/1983 - 7/4/2010 M - Stacy Valdivia B - Matthew Brown

Burger, Teresa 10/26/58 - 07/10/87 M - Cecelia Burger B - Hal & Curt Burger

Carlan, Robert Hope 06/02/78 - 07/25/99 P - Arnold & Linda Carlan Eddy, Steven 9/16/1960 - 7/9/2008 M - Marilyn Eddy S - Pam Bishop & Tammy Eddy N - Angie Valente & Missy Bishop

Gonzalez, Miriam 12/10/1948 - 7/26/1995 P - Fernando & Paula Lespier S - Maria & Aida

Head, Tyler Wade 2/21/1995 - 7/15/2004 M - Tammy Hill F - Jerry Toloff GF - German Toloff

Heath, Austin Noah 4/6/2000 - 7/4/2000 P - Isaac Heath & Regina Jacobs GM - Gigi Schools Hester, Debbie 10/14/61 - 07/25/98 P - Buddy & Sue Butler

Hidalgo, Christopher 12/14/1989 - 7/5/2004 M - Tammy Hidalgo

Holland, Jeffrey K. Moses

9/10/1986 - 7/7/2009 P - Thomas & Donald Holland & Henry Moses Sibs - Derrick Moses & Logan Holland GP - Beverly Cash, John & Steve Holland

Kelly, Amanda Jean 11/15/1986 - 7/7/1987 P - John & Brenda Kelly S - Matthew & Ryan GP - John Keller & Elizabeth Kelly Lakhani, Nadeem 2/9/76 - 7/21/14 F - Ameer Lakhani

Lalis, Timothy

07/29/1996 - 07/11/2001 P - Gregg Lalis & Elisabeth Schulten B - Andrew & Klaus Lalis

Lavalee, Grace 5/3/2009 - 7/17/2010 M - Natalia Lavalee

Littlechild, Will 4/6/1979 - 7/4/2008 M - Lula Richardson S - Patricia Littlechild

## July Anniversaries cont'd

Martin, Brian James 06/09/1979 - 07/18/1993 P - Stan & Adrianne Martin B - Christopher Martin GM - Evelyn Golding

Pegram, Jodi E. 04/06/70 - 07/22/01 P - Earl & Susan Pegram S - Robin Sue Pegram

B - Scooter & Craig Pegram

Pitts, Joseph David

12/8/1971 - 7/16/1998 P - Ruth & Richard Pitts

Ponder, Manda Lynn 06/13/1995 - 07/03/1995 P - Marilynn & William Ponder B - Travis & Mike Ponder S - Amanda Ponder GM - Grace Ponder

Popkin, Kalyn 1/23/09 - 7/11/13 P - Stacy & Robert Popkin Powers, Geoffrey A. 1/23/1983 - 7/1/2005 M - Diane Tower

Sisters - Lana & Nikki Powers

Robertson, Kristi Lee 12/15/1969 - 7/29/1994 M - Janice & Joe Robertson S - Kathy Sanchez & Karen Demeria GM - Mildred Trigg

Rodriquez, Edwin (Eddy) Jr. 1/11/1971 - 7/28/1993 M - Bertha Dominquez

Rusnak, Tamara 4/6/1972 - 7/23/2004 M - Donna Johnson

Russo-Afeld, Angela Musette 7/10/1969 - 7/21/1996 M - Lillian Wiebeld F - Dick Russo B - Rick and Nelson Russo

Rutkowski, Eric John 4/11/1981 - 7/16/2003 P - Linda & Ron Rutkowski GP - Ray & Doris Pomorski Salas, David Jeremy 4/16/94 - 7/8/15 P - Sandy & Miguel

St. Martin-Hamm, Sydney Chanel 1/9/1997 - 7/21/2003 M - Loy St. Martin & the late Rusty

M - Joy St. Martin & the late Rusty Hamm GP - Ramon & Rita Hamm

Steen, Donald Kenneth 7/25/1960 - 7/26/1960 M - Nancy Holdren B - Richard, David & Michael

Timothy, Joshua 6/29/2004 - 7/18/205

P - Doug & Kerri Timothy GM - Mary Ann Neglrete

Titer, Kenric 11/26/1985 - 7/2/1997 M - Jackie Mentor

Turner, Devon 5/2/1986 - 7/28/2005 M - Marie Lawson Vallee, Scott Gerard 7/4/1974 - 7/10/2004 P - Gerry & Louise Vallee S - Kama Vallee GP - Roy & Mabel Parsons Spouse - Jessica Vallee

Williams, Alec Michael
5/17/1996 - 7/27/1996
P - Kathy & Michael Williams
B - Chad & Chase
GP - Frank & Robbie Edwards and
Dwight & Melvalene Williams

Wilson, Lisa 4/14/78 - 7/5/10 P - Patti & David Wilson



#### **August Birthdays**

Asci, Jason S. 8/19/1979 - 2/7/2008 F - Brian Asci M - Phoebe Asci Son - AJ Daughter - Adrianna GP - Forrest & Adella Asci

Antinora, Joseph A. 8/18/1967 - 12/9/2006 M - Susan Antinora S - Tina Baxter GP - Joseph Harnishfeger

Bishop, Krystal Lee 8/1/1988 - 12/24/2001 P - Pam & Rick Bishop S - Angie Valente & Missy Bishop B - Greg Bishop

GM - Marilyn Eddy

Daniel, Michael John 8/19/1990 - 4/1/2010 P - Paul & Nadine Daniel B - James Daniel GP - Lewis John Daniel & Steve & Margaret James

Darrigo, Anthony & Domenic 08/11/94 - 08/11/94 P - Sam & Vanessa Darrigo

Faber, Nicholas (Nicky) Paul 08/13/89 - 06/08/95 P - Paul & Kathy Faber S - Danielle Faber GP - Esther Kubler and Anna & Bobby Banks Ferrera, Alex 8/11/1977 - 10/4/1997 P - Nelson & Guisela Ferrera B - Paolo Ferrera GM - Magda Alvarez Aunt - Mirta Diaz Uncle - John Ferrera

Ferrera, Crista J. 8/23/1975 - 03/11/1997 P - Nelson & Guisela Ferrera B - Paolo Ferrera GM - Magda Alvarez Aunt - Mirta Diaz Uncle - John Ferrera

Gallagher, Matthew 8/18/92 - 12/12/11 P- Kelly & Jim Gallagher B-Tim

Gallian, John Charles 8/8/1963 - 3/21/1998 M - Virgian Gallian S - Paige Mask

Gardner, Gary Dwain Jr. 8/25/1995 - 10/4/2000 P - Gary & Janelle Gardner B - Jacob Gary Gardner GP - Betty Thatcher, Marty Tho-

Goldman, Ariel Nicole Rothschild 8/30/1989 - 5/15/2001 P - Steve and Lynn Goldman Graves, Matthew Regan 8/8/1979 - 8/31/2000 M - Linda Graves S - Serena Graves B - Dutch & Allen Jr. GF - Wilson Harmison

Harrington, Zachary Michael Evans 8/4/1992 - 8/7/1992 P - William & Barbara Evans-Harrington GP - Wm. & Barbara Evans

Harrison, Leigh Ann 08/11/84 - 08/11/84 P - Trudy & Tim Harrison GP - Bobbie & Jerry Meeks

Hoskins, Lauren Grace 8/18/2004 - 8/18/2004 M - Kim Hoskins

Howard, Steven T. 8/11/70 - 6/30/1999 M - Cay Pelaez

Marchetti, Katie 8/4/1989 - 3/4/2006 P - Vin & Laura Marchetti B - Andrew Marchetti

May, Philip 8/1/1975 - 1/1/2000 P - Deryl & Jennifer May Muse, Jennifer Lee 08/07/71 - 04/04/92 M - Gretchen Muse F - Robert Muse, Jr. GP - Bob & Gladys Muse GM - Dorothy Deisch

Orsi, Kristen McCall 8/5/1980 - 6/27/2002 P - Kimberly & Leo Orsi GP - Wm. & Jeanne Armiger and Stephanie & Rich Orashen

Page, Alivia 8/24/13 - 6/15/14 M- Tiasha Page GM - Gloria Wells

Parrish, Randy 08/22/57 - 02/10/97 M - Juanita Bodiford B - Dough Parrish

Parrish, Scott Douglas 8/9/79 - 1/1/02 P - Doug Parrish and P - Karla & Rick Brown S - Sabbrina Lee Shannon GP - Juanita Bodiford & Ada Smith

Parrish, Tyler Stephen 8/6/1991 - 10/24/1991 P - June & Terry Parrish

#### August Birthdays con'd

Peel, Lee Anna Campbell 8/5/1972 - 9/9/1992 M - Patricia Campbell S - Beth Biggs

B - Eddy Biggs

GP - Estele & James Carleton

Rodriguez, Jay Tee 8/25/78 - 2/27/14 P - Angel & Maria Rodriguez

Rose, Kailyn Dyann 8/22/2000 - 3/4/2003 M - Evelyn E. Rose

Sampson, Charles Roy 8/29/1998 - 8/29/1998 P - Paul & Susan Sampson GP - Margaret & Clayton Sampson and Shirley & Charles Osborne

Scragg, Keith Joseph 8/4/1986 - 9/5/2008 P - Richard & Lori Son - Macklin B - Matthew S/O - Emily Popke

Shearer, Shane 08/03/73 - 12/05/89 M - Linda Shearer SF - Keith Gregory S - January Shearer

Sluder, Kathryn Elizabeth 8/31/1966 - 3/16/2002 P - Tom & Judy Sluder Son - Israel S - Theresa

B - Tom III & Keith N/N - Brandon & Brandy, Keith II & Miranda

Steen, Michael Anthony 8/4/1956 - 6/20/2003 M - Nancy Holdren B - Rick, David & Donald Father to Jessica, Christine & Michelle Married to Doreen

Thornton, Jeremiah 8/29/84 - 4/13/01 M - Tim & Sue Thornton

B - Jason S - Amanda



#### **August Anniversaries**

Blanchard, Eric Anthony 2/19/1976 - 8/3/1998

P - Barbara & Wayne Blanchard

S - Lisa, Tammy, Dawn

B - Chris & Michael

Daughter - Samantha

Cash, Christopher 9//13/1977 - 8/23/2004 M - Rita & Thomas Zvada F - Charles & Mika Cash

Child - Leah Cash B - Charles Cash II

GP - Gustavo & Ida Arencibia

Darrigo, Anthony & Domenic 08/11/94 - 08/11/94

P - Sam & Vanessa Darrigo

Fernandez, Karen Irene 03/08/68 - 08/23/88

M - Violeta "Cookie" Fernandez

B - Rik Fernandez

Flynn, Philip 12/17/1977 - 8/8/2002 M - Roseanne Flynn

Gilliam, Hayden Charles 6/20/1999 - 8/4/2001 P - Sean & Marion Gilliam Sibs - Sara & Cole

GP - Joe & Nancy Gilliam, and

Rosemarie Presbrey

GGP - Mary Gilliam & Lora Flowers

Graves, Matthew Regan 8/8/1979 - 8/31/2000

M - Linda Graves

S - Serena Graves

B - Dutch & Allen Jr.

GF - Wilson Harmison

Harrington, Zachary Michael Evans 8/4/1992 - 8/7/1992

P - William & Barbara Evans-Harrington GP - Wm. & Barbara Evans

Harrison, Leigh Ann 08/11/84 - 08/11/84 P - Trudy & Tim Harrison GP - Bobbie & Jerry Meeks

Holton, John William 05/20/52 - 08/10/94 M - Ann Holton

Hoskins, Lauren Grace 8/18/2004 - 8/18/2004 M - Kim Hoskins

Mohammed, Ian Roger 04/19/73 - 08/02/92 P - Judy & Rick Mohammed

S - Alison Mohammed

B - Cameron Mohammed

Peck, Trent 12/5/69 - 8/27/13 P - Bob & Sally Hoffman F - Frank Peck

Presley, Tristan 12/1/2010 - 8/2/2011 M - Brittany Presley

Roark, Kelli Colin 4/30/1990 - 8/30/1998 P - Joe & Angel Roark B - Kyle & Kaleb Roark GF - Ron Ellington

Rosas, Ricardo 11/4/1991 - 8/12/2013 M - Leticia Rosas S - Alejandra B - David and Daniel

Romines, Makayla Gabrielle 4/3/96 - 8/27/15 M - Christy Jones

Sampson, Charles Roy 8/29/1998 - 8/29/1998 P - Paul & Susan Sampson GP - Margaret & Clayton Sampson and Shirley & Charles Osborne

Shye, John David 05/27/1964 - 08/07/1994 P - Betty Jean & Charles Shye S - Lydia and Mary Shye B - Chuck, Mary, Lydia Shye Father of J.D. and Justin Shye Slaven, Minnie Leona 7/10/1972 - 8/11/2000 M - Della LaGrone

P - Delbert & Catherine Slaven S - Charlotte, Della, Betty, Lynn, Amelia & Sue

B - Ronnie, Jack, Del, & Delbert Jr.

Varga, Jozsef 6/11/1988 - 8/4/2007 M - Carmen Varga B - Kiel & Bruce Senra GP - Dorothy & Gerald Senra

Welch, Kimberly Michelle 10/24/1971 - 8/28/2003 M - Nancy Welch Child



The Angel of Hope will be having another brick dedication on October 14, 2017. Orders must be turned in by August 20th. See page 2 for AOH information.

I want to let new members know that if you want your child listed in the newsletter during their birth and anniversary months, I need to hear from you. I need their full name, dates of birth and death and names of parents or siblings or even grandparents you want listed

On May 7, 2017 we had our 4th Annual Butterfly Release. We had a good attendance, and I believe that all who came enjoyed this event. We had many baskets again that were raffled, and it appeared that many like this game of chance.



Here are a few pictures that were taken. As you can see, three balloons were also released with our messages written on them. The three were released together (on left), but quickly separated (as shown on right). My butterfly chose to stay around for a photo instead of flying immediately as most do. There actually were several others who were willing to sit on fingers and pose instead of flying immediately.













Lisa it has been six years and there is not a moment in time that we do not miss and think of you. You will never know how much you meant to us and the endless love you gave. The only words we can find is you will always be our

Forever Lisa...

### **Love Mom and Dad**



# HAPPY 25th BIRTHDAY TO YOU, MATT

#### **BALLOONS TO HEAVEN JUST FOR YOU**

### WE LOVE YOU AND MISS YOU EVERY DAY

ALL OUR LOVE,
Dad, Mom, Tim, Snickers, Emmy
and
All your relatives and friends







### **ONGOING FUNDRAISERS**

We have added a new page to our website and to our newsletter. It will be for ongoing fund raisers. There are already a couple of companies who have an ad and will be making a donation to Bereaved Parents when their items are purchased. If any of you have businesses and would like to advertise, please get in touch with Debbie by calling 813-501-9567 or emailing debbie.bpnews@gmail.com.

Please check out the first two companies who are participating. There is more information on our site.



Please check this page out. The link on our website will take you to their website where you can order one of these very well made, soft, beautiful angels with long arms and a Velcro closure so they can actually hug you. Be sure to go through the link on our webpage so that Bereaved Parents gets the generous amount being donated with each purchase.

Thanks to those who have ordered from Heavenly Hug. We appreciate your support.

http://www.bpusatampabay.com/

# We are happy to present our newest fund raiser Rosemary's Angels

We sold these at the Candle Lighting. We still have some and will take orders if we sell out.



This angel is about 2 inches tall with a wing span of  $1\frac{1}{2}$  inches. It is all silver except for the pearl head and gold halo.

Can be purchased with bail, pin, or visor clip.

Cost \$15.00

The Christmas ornament is molded and plated. A ribbon is put through the hole at top of the angel (bail) so it can be hung on the tree. I added the butterfly because of your organization symbol. This ornament is about 3 inches tall, wing span about 2 1/4, all silver except for the gold butterfly and halo. The ornament is heavier that the angel pins. Also a name can be engraved on the back of the angel ornament.

Cost \$20.00



Listen to "*Hope, Healing & Help*" every Saturday from 11:00 til noon Pacific Time on KFIA 710AM Sacramento or <a href="www.kfia.com">www.kfia.com</a>. Can't listen in at that time? All of their programs are available to listen to on their website, <a href="www.hopehealinghelp.com">www.hopehealinghelp.com</a>.

#### **BORROWED HOPE**

~ Eloise Cole, www.hospiceofamador.org, Phoenix, AZ

Lend me your hope for a while. I seem to have mislaid mine. Lost and hopeless feelings accompany me daily. Pain and confusion are my companions. I know not where to turn. Looking ahead to the future times does not bring forth images of renewed hope. I see mirthless times, pain-filled days, and more tragedy. Lend me your hope for a while, I seem to have mislaid mine. Hold my hand and hug me; listen to all my ramblings. I need to unleash the pain and let it tumble out. Recovery seems so far distant; the road to healing a long and lonely one. Stand by me; offer me your presence. Your ears and your love acknowledge my pain. It is so real and ever present. I am overwhelmed with sad and conflicting thoughts. Lend me your hope for a while, A time will come when I will heal

Source: www.bpusachicagoland.org/images/Newsletters/ BPUSAHinsdaleNewsWebJulAugSept2016.pdf

and I will lend my renewed hope to others.

The very worst part of grief is that you can't control it.

The best we can do is try to let ourselves feel it when it comes. And let it go when we can. -Grey's Anatomy

# Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA. We Welcome You.

Move on?
To ""move on" is to put something behind you, forget about it and never look back
To "go on" is to forever carry it forward with you and never forget
A bereaved parent will never move on, we simply go on Source:
www.achildofmine.org.uk

## Address Correction Requested

October - Movember 2013
POSTMASTER - Dated Material
Please do not delay.

