



# Tampa Bay Chapter

P.O. Box 3226  
Tampa, Florida  
33601-3226  
www.bpusatampabay.com

September 2008

This month's newsletter lovingly sponsored by  
the family of:

*Caylee Marie Cepero*

## MEETING INFORMATION

### Regular Monthly SUNDAY Meeting

(held the second Sunday of the month)  
Sunday, September 14 6:30 to 8:30 p.m.

St. Joseph's Hospital  
Medical Arts Building, Auditorium  
3001 Martin Luther King Jr. Blvd.  
(We will have separate break out sessions for  
men and women)

Call Beverley Hurley at 813-832-3175  
for directions or information.

### Regular Monthly DAYTIME Meeting

Riverview/Gibson/Brandon areas  
(held the second Friday each month)

Friday, September 12, 10:00 a.m. to Noon  
The Greater Brandon Chamber of Commerce  
330 Pauls Drive, Brandon, Florida 33511  
Please call Linda Delk at 813-661-0680  
for directions or information.

### Regular Monthly PLANT CITY Meeting

(held the fourth Thursday each month)

Thursday, September 25, 7:00 to 9:00 p.m.

South Florida Baptist Hospital  
301 N. Alexander Street, Plant City  
in the Community Conference Room  
Call Sue Bowditch at 813-661-9334  
for directions or information.

## Upcoming Events:

### Angel of Hope monthly meeting

Please call Beverley Hurley 813-832-3175 for info!  
Next meeting September 8, 7:00 pm.

### MEMORIAL BRICK ORDERS

Now is the time to get your Angel of Hope Memorial  
Brick Order in! See page 7 for your Order Form to com-  
plete and mail so your brick for your loved one can be  
part of the first dedication we have planned.

### 2009 CANDLE LIGHT SERVICE - December 14

If you want to be a part of the upcoming Candle Light  
Service, please attend our planning meeting,  
September 18 at 7:00 p.m.  
Please call Beverley Hurley at 813-832-3175.

### MONTHLY MEETING TOPICS

**September** - Grief - Do we ever "just get over it"?

Back to school - for who?

**October** - Surviving the Holidays!

**November** - Gift donations!

**December 14** - Candle Light Service!

### Remember :

Grandparents Day  
Sunday, September 7

Thursday, September 11  
911—least we forget!

| Sun    | Mon    | Tue    | Wed | Thu    | Fri    | Sat    |
|--------|--------|--------|-----|--------|--------|--------|
|        | 1<br>  | 2      | 3   | 4      | 5      | 6      |
| 7<br>  | 8<br>  | 9      | 10  | 11<br> | 12<br> | 13<br> |
| 14<br> | 15<br> | 16     | 17  | 18<br> | 19     | 20     |
| 21     | 22     | 23     | 24  | 25<br> | 26<br> | 27     |
| 28     | 29     | 30<br> |     |        |        |        |



## "With Hope"

This is not at all how  
We thought it was supposed to be  
We had so many plans for you  
We had so many dreams  
And now you are gone away  
And left us with the memories of your smile  
And nothing we can say  
And nothing we can do  
Can take away the pain  
The pain of losing you, but...  
We can cry with hope  
We can say goodbye with hope  
'Cause we know our goodbye is not the end, oh no  
And we can grieve with hope  
'Cause we believe with hope  
(There's a place by God's grace)  
There's a place where we'll see your face again  
We'll see your face again..  
And never have I known  
Anything so hard to understand  
And never have I questioned more  
The wisdom of God's plan  
But through the cloud of tears  
I see the Father's smile and say well done  
And I imagine you  
Where you wanted most to be  
Seeing all your dreams come true  
'Cause now you're home  
And now you're free, and...  
We have this hope as an anchor  
'Cause we believe that everything  
God promised us is true, so...  
We wait with hope  
We ache with hope  
We hold on with hope  
We let go with hope

Lyrics from the song "With Hope"  
by Steven Curtis Chapman on his new CD  
*Speechless*

## Chapter News



### ANGEL OF HOPE UPDATE

Please check out our website at  
[www.angelofhopetampabay.com](http://www.angelofhopetampabay.com)  
 Angel of Hope, P.O. Box 2573, Lutz, FL 33548

#### Angel of Hope monthly meeting

Please call Beverley Hurley 813-832-3175 for info! Next meeting September 8, 2008.

#### Angel of Hope Pins

We have available our specially designed **Angel of Hope** pins. You have a choice of a pair of angels with boy and girl with a heart and butterfly and the words **Hope**, or a lapel pin with angel wings, a heart, a butterfly and the word **Hope**. Sales benefit our memorial!

Size of boy and girl pin - Wing span to wing span is 2 inches, top to bottom about 1 1/4 inches.

**\$20.00**



Size of angel wing lapel pin – Wing span to wing span is 1 1/4 inches, top to bottom about 3/4 inches.

**\$10.00**



Please call Julie Leyde to order at 813-784-6929!!

#### Angel of Hope Memorial Bricks

Please get your order in for a memorial brick in memory of your child, grandchild, sibling, niece or nephew.

**See Page 7!!!** Order Now to be a part of the original dedication of the AOH Memorial Garden in the new Riverside Park now being planned!



#### Telephone Friends

Need to talk? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

|  |                |
|--|----------------|
| Linda Delk (General Information)                   | (813) 661-0680 |
| Sue Bowditch (Adult Child)                         | (813) 661-9334 |
| Theresa Farmer (Homicide)                          | (813) 994-0707 |
| Traci Cooley (Drowning)                            | (813) 300-6877 |
| Ron Ellington (Suicide/Grandparent)                | (727) 410-2308 |
| Charles L'Homme (Accidental Death)                 | (813) 335-7628 |
| Debbie Nemitz (Long Term Illness)                  | (813) 907-1441 |
| Barbara or Tommy Dietrich (Death of an Only Child) | (813) 234-4705 |
| Serena Graves (Sibling Contact)                    | (813) 810-7169 |
| Violeta "Cookie" Fernandez (Se Habla Espano)       | (813) 996-4281 |
| <b>CRISIS CENTER</b>                               | <b>211</b>     |

**Bereaved Parents/USA National Office**  
**Post Office Box 95, Park Forest, IL 60466**  
**Phone/Fax: (708) 748-7866**  
**[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)**

## Love Gifts

Ben & Sue Bowditch  
 In loving memory of their daughter  
**Karron Michelle Russell**  
 1/20/1967 - 09/12/2000

Rita Zvada  
 In loving memory of her son  
**Christopher Cash**  
 9/13/1977—8/23/2004

Doug Parrish  
 In loving memory of his son  
**Scott Parrish**  
 8/9/1979 - 1/1/2002

Tom & Judy Sluder  
 In loving memory of their son and daughter  
**Keith Joseph Sluder**  
 4/25/1964 - 5/11/2006  
**Kathryn Elizabeth Sluder**  
 8/31/1966 - 3/17/2002

Sheila Frammer

#### **Love Gifts-A Thoughtful Way to Remember**

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways, including the preparation and mailing of the newsletter.

#### **A Special Way To Remember Your Child: Sponsor A Newsletter Page**

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$60 which includes one black and white scan of one color or black and white photograph and your tribute to your child, which can include poems, stories or whatever you like. Your contribution supports the chapter and helps pay for the printing of the newsletter.

The newsletter page will also be posted on our new and improved website for one year on the *Our Children* page!

To sponsor a newsletter page, contact Beverley Hurley at (813) 832-3175 (email [bee.hurley@gte.net](mailto:bee.hurley@gte.net)). Please note that sponsorship pages are **due by the 15th of the month BEFORE the publication month.**

#### **Chapter Library Books**

If you have finished reading a BP/USA Library book, please, **please** return it to our library. There is no time limit for how long you can have a book, but the longer you borrow a book, the less opportunities other bereaved parents have to read it. We also gladly accept book donations.

Contact Tommy or Barbara Dietrich at (813) 234-4705 or visit one of our three monthly sharing meetings to return a book, arrange a donation or inquire about an available title.

#### **Electronic Newsletter**

The Newsletter is available electronically. To receive it by Email, send your name and email address to: [bee.hurley@gte.net](mailto:bee.hurley@gte.net) and indicate your desire to switch from regular "snail" mail to email. Email recipients will also receive additional news and information, while helping our chapter save costs. We very much appreciate your cooperation by helping us out this way!

*Please note—Every meeting can't speak to everyone's needs, so we do try to offer a variety of topics. We do offer strength, understanding and hope.*



*We need not grieve alone!*



## Our Children . . . Remembered

*So long as we live, they too shall live ... For they are a part of us as we remember them.*

### September Birthdays

Brady, Mark A.  
09/27/57 - 01/03/89  
M - Margaret Brady  
S - Margaret J. Bruner  
B - Hayward L. "Bubba" Brady, Jr.  
GP-Wallace & Josephine Bagley  
and Wm. & Cinderalla Brady

Cash, Christopher  
9/13/1977 - 8/23/2004  
M-Rita & Thomas Zvada  
P-Charles & Mika Cash  
Child-Leah Cash  
B-Charles Cash II  
S-Colleen & M ??  
GP-Gustavo & Ida Arencibia

Castellano, Lina  
9/15/1966 - 2/20/2004  
P-Sam & Jean Castellano

Cepero, Caylee Marie  
9/3/2000 - 3/8/2005  
P-Dawn and Lee Cepero  
B-Corbin  
S-Kennedy  
GP-Sandy Boehning

Daly, Cole  
9/9/1983 - 12/17/2001  
M-Katie Brock

Sophia Marie  
9/1/2000 - 12/23/2004  
P-Benjamin & Diane  
S-Olivia  
GM-Pat Donnarumma

Durazzo, Jill  
9/8/1964-3/13/1980  
P-Diane & Paul Durazzo

Funk, Benjamin  
9/9/1976 - 6/25/2001  
P - Mr & Mrs Funk

Gould, Richard J.  
9/26/1981 - 3/3/2001  
M-Cindy Phelps-Wise  
F-Ralph Gould  
B-Ryan, Bryan & Mark  
S-Karen

Gray, Jay  
09/07/70 - 11/09/01  
M - Dee Gray

Knight, Matthew A.  
9/1/1982 - 12/28/2001  
P-Ron & Sandy Knight  
GM-Doris I. Knight

Kushner, Jonathan  
09/13/62 - 10/28/73  
P - Lorraine & Gil Kushner  
B-Andy & David

Lane, Jim  
9/7/1966 - 1/2/2005  
M-Carol Lane

Mart, Aaron Paul  
09/24/96 - 09/11/99  
P - Hank & Donna Mart  
B - Daniel  
GP-Betty & Trevor Harvey, Mi-  
chael & Iris Willsher, Gene & Mim

Mendoza, Jennifer  
9/26/1986 - 3/3/2005  
F-Joey Mendoza

Moore, Venessa  
9/3/1980-11/11/2005  
MPat Moore

Morrill, Daniel  
9/30/1972 - 9/8/2007  
M-Amelia Lubrano  
D-Tom Morrill  
Spouse-Tammy Parker Children-  
Madison and Makayla Parker  
B-Tommy Morrill

O'Berry, Michael Sean  
09/13/94 - 12/15/97  
P - Mike & Valerie O'Berry  
B - Christopher O'Berry  
GM - Linda Hoffman  
A - Joyce Weil  
U - Mike Kasrich

O'Neil, Clark Dean  
9/1/1962 - 10/24/2004  
P-Larry and Jeanne O'Neil  
B-Kevin & wife Rene'  
S-Kitty & husband Joseph; Jen-  
nifer & husband Randy

Peel, Matthew Shane  
9/9/92 - 9/9/92  
A - Beth Biggs U- Eddy Biggs  
GM - Patricia Campbell

Perrotti, Paul  
9/5/1969 - 9/25/1995  
F - Donald J. Perrotti

Stock, Jesica  
9/21/1978-6/6/2004  
M-Rose Stock

Will, Madison Kathleen "Madi"  
9/2/1995 - 10/4/1995  
P - Carl & Lisa Will  
S - Megan & Rachel Will  
B- Zachary & Seth Will

Williams, Travis Aaron  
9/11/1979 - 4/19/2000  
P - Bill & Linda Williams  
GP - Loretta Ayers, Raymond  
Ayers & Edna Williams



### September Anniversaries

Carter, Cassandra D. "Cassie"  
2/22/1982 - 9/28/1999  
P-Ted & Gayle Carter  
B-Justin Carter  
GP-Luna Carter

Cooley, Malena Rose  
3/23/1998 - 9/4/2000  
P - Scott & Traci Cooley  
B - Nolan  
S - Madelyn & Olivia

Harris, Eric Michael  
2/4/1984 - 9/12/2003  
P-Mike & Pam Harris  
B-Mark  
GM-Joan & Verna Harris

Henry, Sumara Raquel  
07/12/88 - 09/18/93  
P - Louis & Cindy Henry  
GP-James & Ruby Reese & Ber-  
nice Henry

Horst, Trey  
4/16/1974 - 9/8/2000  
P - Art & Linda Horst  
B-Todd & Thad  
S-Trisha & Tammy

Lowe, Anna  
1/30/1994-9/30/1994  
M-Beth Lowe  
GM-Ann Lowe

Mart, Aaron Paul  
09/24/96 - 09/11/99  
P - Hank & Donna Mart  
B - Daniel  
GP-Betty & Trevor Harvey, Mi-  
chael & Iris Willsher, Gene & Mim

McMillion, James Christopher  
7/26/1984 - 9/26/2003  
GP-Ralph & Martha Hamilton

Metallo, Armando  
5/3/1984 - 9/15/2005  
P-Angelo & Luisa Metallo  
S-Ana, Angelo, Luisa, & Joe Metallo  
GP-Armando & Ana Metallo and  
Graciela & Dorotheo Martinez

Mink-Miller, Deborha  
3/26/1965 - 9/27/1991  
M-Diane Mink  
S-Renee Mink Crosby

Morrill, Daniel  
9/30/1972 - 9/8/2007  
M-Amelia Lubrano

Nichols, Melissa  
11/9/1982 - 9/4/2002  
M-Terrena Nichols  
F-Shannon Nichols  
S-Brandy Nichols  
B-Shannon Nichols, Jr.

Peel, Lee Anna Campbell  
8/5/1972 - 9/9/1992  
M - Patricia Campbell  
S - Beth Biggs  
B - Eddy Biggs  
GP - Estele & James Carleton

Peel, Matthew Shane  
9/9/92 - 9/9/92  
A - Beth Biggs U- Eddy Biggs  
GM - Patricia Campbell

Perrotti, Paul  
9/5/1969 - 9/25/1995  
F - Donald J. Perrotti

Pippin, Shawn  
10/16/1984 - 9/16/2002  
M-Anita Pippin

Pispitos, Richard John  
01/23/72 - 09/14/98  
P - Catherine Webb & Philip Finkel-  
stein  
S - Michelle Webb  
GP-Anne & Owen Beglane

Roberts, J. Michael  
5/31/1963 - 9/25/2002  
M-Ann Roberts Mitchel  
GP Merle H. Brunson

Russell, Karron Michelle  
1/20/1967 - 9/12/2000  
P - Ben & Sue Bowditch and  
Children - Brytani, Derak & Melody  
Sisters - Catherine, Roben & Laurie  
Bobby Jr. & Scott  
GP-Cathren Dickerson and Jimmy &  
Kay Senseney

Schulman, Adam J.  
6/7/1971 - 9/26/2004  
M-Pat Schulman  
Freddie Kelly Jr. and Kenny Schul-  
man

Smith, Clay Daniel  
10/24/1967 - 9/30/1996  
P-Francia & Chuck Smith  
B - Jed & Kyle

Thornton, Teresa E.  
01/12/66 - 09/24/81  
P - Ken & Mirta Thornton  
S - Lisa Buckner  
B - Nick Thornton  
GP-Tony & Berneda Pino

Victa, April Melody  
2/20/1976 - 9/17/1998  
P-Ron & Suzie Giles

*If we have omitted your child, misspelled your child's name, or listed incorrect dates, please accept our apologies and call Beverley Hurley at (813) 832-3175 to correct the information. Call any of our telephone friends if you are having a hard time on these days. We truly understand your pain; for we, too, remember our own children.*

#### The Circle of Love Center for Grieving Children

**LifePath Hospice** and Palliative Care's Circle of Love Center for Grieving Children is a safe, loving place where families can help each other. The Center provides caring support in a safe environment where children, teens and their families grieving a significant death can share their experiences as they move through the healing and grieving process. We provide ongoing grief support groups for children, ages to 18, and their parents or caregivers.

**Phone (813) 357-5605**  
**website [www.lifepath-hospice.org](http://www.lifepath-hospice.org)**

Dear Friend,

Please don't question my grief..

If I do not call, it's because I am not ready.

If I hold on too tightly, it's because I am afraid to let go.

If I talk too much, it's because I need to know everything will be o.k.

If I don't want to talk, it's because at the moment, I don't want to remember.

If I cry too much, it's because my pain is overflowing.

If I laugh too much, it does not mean I have not lost.

If I am too sensitive, it's because the wound is raw.

If I snap, it's because I am angry at ... I don't know who to be angry at.

If I am self-involved, it's because I am nursing my wounds.

If I seem not to hurt, it's because I am afraid my pain may overwhelm me and you.

If I seem not to care, it's because I am afraid to lose and hurt again.

If it seems to you that I grieve too long or too deeply ... It's because you have not known my loss.

By Kathleen Kornbrust



## God's Angel of Love

I remember the day Kelli was born, so much joy and happiness. Her mother and dad had tried so long to have a child, and now she was here.

As she began to grow older, we all saw the great love she had in her heart. She loved the fragrant smell of a rose, the birds in the sky and all animals around her, but most of all she loved every person she came in contact with and everyone loved her so very much. Kelli showed us all, by her life how to love. The most important thing she showed us all was how to love one another.

We say in our human minds, "God she is only eight years old, such a short time we have had with her", but in God's mind it may be a very long time for there is so much hate in this world today that God needs his Angel of Love to show the world how to love and how to love one another.

Love Forever

My Little Angel

Granddaddy (Ron Ellington)



## Anniversaries

by Elaine E. Stillwell

When we have lost someone special in our lives, we know how much anguish we experience as the death anniversary approaches. It seems every single cell of our bodies remember. Even if we want to forget the day and the pain associated with it, our bodies won't let us. Some people say it's a day to stay in bed and pull the covers up over our heads. But others, like me, feel it is a day to do something special to remember my special persons, in my case, my nineteen-year-old daughter, Peggy, and my twenty-one-year-old son, Denis, who died four days apart from the same car accident.

It has been thirteen years for me without my beautiful Peggy and my first-born, Denis. Thirteen years without their smiles, hugs, jokes, teasing, laughter, gossip, tenderness, music, voices, chatter, noise and endearing mannerisms. At each anniversary, my husband and I have always chosen to do something they would have enjoyed or perhaps would have wished us to do.

It could be shopping 'til I drop, which was Peggy's specialty; eating Rocky Road ice cream, a favorite of hers; baking chocolate chip cookies, for which she was famous; having a barbecue with friends, of which she had many. It could be attending a concert, which Denis loved; walking along the beach or having a picnic dinner where Denis was a lifeguard; renting a movie that I know he would have loved; making French toast, his all-time favorite waker-upper; playing with our dog, whom he would have gone wild over, since he always wanted a pedigreed black lab of his own.

Attending local street festivals, going swimming, watching tennis matches, having a beer, enjoying a lobster fest, playing favorite cassette tapes of theirs, installing a garage-door opener (which they would have loved), eating in an oceanfront haunt of theirs, having special masses in their honor and inviting close friends and relatives to attend, reminiscing together, planting flowers and shrubs in their memory, sharing their story with others, praying to them, lighting candles for them, writing an article in their honor - all these things keep them close to my heart and make their anniversary days special.

Tears can fall, and that's okay, because tears bring a sense of release and healing. The funny thing is, the tears are a mixture of happiness and sadness that we can't really separate, a combination of tears of joy for having memories to touch our hearts, and tears of sorrow wishing they were here with us, holding our hands and saying all those things we want to hear repeated.

Anniversaries are a time to share with others our special love for the people we miss. I call it, "Sharing Peggy and Denis with the world." It keeps their memories alive in others, and it makes my heart feel so much better.

Plan ahead. Include dear friends. Surround yourself with loving people who make you feel comfortable and cared about. Share your memories. Tell those funny stories. Don't be afraid of tears. Give a toast to your special person. Release some balloons. Do what is good for your heart

From Bereavement Magazine July/August 1999

## Grief

*"I pray that our Heavenly Father may assuage the anguish of your bereavement, and leave you only the cherished memory of the loved and lost, and the solemn pride that must be yours to have laid so costly a sacrifice upon the altar of freedom." - Abraham Lincoln*



**(Continued from June)****MEN IN GRIEF: A NATURALLY COMPLICATED EXPERIENCE****HOW'S YOUR WIFE?**

William P. Macaux, M.S.

Society's stereotype of the role of the bereaved male does little to foster a realistic understanding of his vulnerability to loss and his needs for emotional support.

From boyhood on, men are socialized to believe that they must be "strong" and that their passive feelings (such as fear and hurt) must be suppressed while more active feelings, like anger, are okay. Therefore, men often do not learn to differentiate and name their feelings as women usually do.

Male strength is measured in terms of the ability to be independent and in control. Seeking help is often considered a confession of weakness.

William Schatz, co-founder of the Seattle chapter of The Compassionate Friends, has labeled some aspects of the man's role that he believes especially inhibit the grieving process:

"Macho Man" implies control over the expression of emotion in order to maintain a public image of strength and control.

"Competitor" implies a high value on winning and not being a loser.

"Protector" implies shielding loved ones from harm.

"Problem Solver" implies a can-do attitude, an ability to fix things and actively resolve problems.

"Controller" implies effective regulation of activities and environmental factors in family life.

"Self-Sufficient" implies independence, an ability to stand alone.

To the extent that a man identifies with these characteristics, he is likely to have difficulty expressing the full range of his thoughts and feelings. As he is overtaken by the powerful and unexpected emotions of grief, he may feel frightened by his loss of control. He is likely to feel impotent as he sees his loved ones suffering with a problem he can't fix.

Finding it difficult to seek and accept help, he may tend to cope by keeping busy, intellectualizing his grief, and by angrily placing blame -- in short, by denial of the loss and his feelings associated with it.

An important factor for bereaved fathers is the common assumption in our culture that the male role is that of a secondary attachment figure; a view that is no doubt reinforced by the fact that women have traditionally been the primary caretakers of children. As a consequence, bereaved fathers are frequently perceived as having lost less than bereaved mothers have.

Though they often receive supportive gestures and messages during the funeral and in their very early grief, support for grieving men usually lessens as time passes. But for many bereaved men, emotional reactions do not appear immediately. Some men have found that as they returned to work, associates avoided them, failed to acknowledge their loss, and/or expected them to resume normal function almost immediately.

In some cases these responses carried over into friendships as well, and bereaved fathers found the painful, social situation worsened when they were asked, "How's your wife?"

What is it about this apparently benign, even considerate, question that feels so hurtful? If it is not preceded by a caring and attentive inquiry into the father's feelings as well, it may be perceived as a negation of the father's loss and his needs for support. This can only intensify his feelings of isolation, and impose on him the role of protector at a time when he is all too painfully aware of his own emotional vulnerability.

He may take the question, "How is your wife," as a cue to stay within a narrowly prescribed range of traditional masculine behaviors. He is likely to refrain from expressing his feelings or discovering the fuller impact of his own loss. Many grief therapists regard these tasks as basic to the grieving process.

He may also feel that the question implies a privileged position for wives and mothers, in turn arousing feelings of resentment. Given the neglect he is already experiencing in many of his interactions with others, the addition of this inequity may only deepen his hurt, excite his anger and even encourage him to blame his wife for his feelings of hurt and neglect.

What, then, would bereaved men find universally helpful in the responses of others? A caring and steadfast listener is most helpful. This could be a person who simply admits his or her helplessness to restore what has been lost or to remove the pain. The characteristics that have been consistently reported as most helpful are:

The mere presence of someone who is patient and caring.

Someone who is reliably there over time.

Someone who respects the need of the bereaved to search the experience and explore feelings without judgment or criticism.

Many men have described their surprise and deep appreciation at encountering strangers who quickly became very helpful and available friends. Others have observed that though most people want to help, they often don't know how.

In order to let others know that grief is not a taboo subject, bereaved men, especially, should try to initiate discussion about their loss and their feelings. This is not always easy (especially for the newly bereaved), but it is generally agreed that when bereaved men take the risk and initiate this effort, it usually evokes a positive response from others.

The primary difference in the bereavement experience of men and women seems to be associated with social responses and their gender-specific roles. Grieving men and women both have strong feelings of hurt, urgent needs to be unconditionally accepted in their pain, and a desire to be heard.

While it may not be possible to immediately and fully eliminate the feelings of isolation, it should be reassuring to know that such changes are not unusual and they need not be permanent.

It is particularly important for each individual to feel understood and respected by others. Much conflict can be averted, and greater sensitivity is possible, when needs and limitations are understood. An important part of this overall understanding is that men have needs and limits too.



**Caylee Marie Cepero**  
**9/3/2000 - 3/8/2005**  
**Happy Birthday Mini-Me!**

I wonder what we would be doing today. Would we be playing Hide and Seek in the closets, chasing Butterflies by the lake or playing dress up with your siblings?

Just to spend a moment with you, it would not matter. You would be 8 years old and on the day of your birth, GOD gave you to me and what an amazing miracle, with those enormous brown eyes that could see through to the heart of mankind.

We will always be grateful, simply because you lived and each day, we think of the joy that you brought to us. We miss you, we love you and your light will shine in our hearts forever. Have a beautiful birthday in Heaven!

We love you always!  
- Mama, Papa, Corbin, Kennedy, Grandma, Lelu, Riley,  
Morgan and Umple Geoff.

**- I Walked with You Once Upon a Dream -**



# Angel of Hope

## Memorial Garden, Tampa Bay

### Brick Order

Remember your child or loved one by purchasing an engraved paving brick for the Angel of Hope Memorial Garden.

The Brick may be purchased for a contribution of \$100.00 or more, and includes up to 3 lines of engraving with as many as 15 characters, alpha or numeric, per line. Spaces, dashes, etc., count as a character. Your lines will automatically be spaced and centered by the engraver.

Brick orders will be processed on a regular basis and placed randomly. Should multiple brick orders be purchased by an individual, they will be grouped together.

For more information about the Angel of Hope Memorial Garden, Tampa Bay, please contact Beverley Hurley at 832-3175 or at [www.angelofhopetampabay.com](http://www.angelofhopetampabay.com).

Line #1: \_\_\_\_\_

Line #2: \_\_\_\_\_

Line #3: \_\_\_\_\_

Purchased by: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_



Make check payable to: **Angel of Hope**

Mail payment and Order Form to: **P.O. Box 2573  
Lutz, Florida 33548**



THE CORPORATION'S FLORIDA CHARITABLE SOLICITATION REGISTRATION NUMBER IS 13-4323492. A COPY OF THE OFFICIAL STATE REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-435-7352 WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. THE CORPORATION DOES NOT HAVE A PROFESSIONAL SOLICITOR.

### ATTENTION—IMPORTANT MESSAGE

*We are now preparing to purchase the bricks to be placed around the Angel of Hope in the new Riverside Park in Temple Terrace along the beautiful Hillsborough River!*

*If you want to be one of the first bricks placed and part of the original dedication of this Beautiful Memorial Garden, in memory of our children gone but never forgotten, and have not ordered your brick yet, please return this Order Form ASAP to order your brick.*

*(Bricks also make wonderful gifts to family members and friends in memory of their loved ones!)*

# Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA.  
We Welcome You.

**“Compassion is sometimes the fatal capacity for feeling what it is like to live inside somebody else's skin.**

**It is the knowledge that there can never really be any peace and joy for me until there is peace and joy finally for you too.”**

—Frederick Buechner (b. 1926), educator, writer, theologian

**Pinky~Swear** by Persis Oberreither bares the pain the parents of Amy faced in reaching the decision to disconnect the machines that were substituting for life in their only child. Even at the tender age of 18 they had already had conversations regarding end of life issues. Amy witnessed the helplessness of others and not only had a living will but had entered into an agreement with her mother through the custom of locking pinkies and swearing to each other they would do their best to fulfill each other's wishes.



I first met Persis in 2003 in St. Louis. When she was relating her story I was overwhelmed by the intensity of her gaze. I sensed that the pain coming through her eyes came straight from her heart. This book shares that pain in a way that it can be understood by all who read it. It will be particularly comforting to others that have shared this experience and help others who may be facing such a decision to understand that they are really not crazy.

Persis and Jeff are heroes to me and I am certain that if Amy were here she would echo that sentiment.

David Hurley

*Pinky~Swear is available through Happy Camper Publishing, 10 Spring Drive, Florissant, MO 63031*

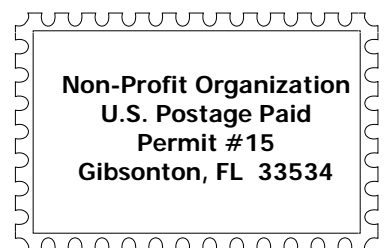
**“Wounds do not heal without time and attention. Yet, too many of us feel that we don't have the right to take the time to heal from emotional and physical wounds.”**

From Judy Tatelbaum's *Courage to Grieve*



The Bereaved Parents of the USA  
P.O. Box 156  
Gibsonton, FL 33534

**September 2008**  
POSTMASTER - Dated Material  
Please do not delay.



**Return Service Requested**